

\$4.95

Samples from personal accounts regarding Transfer Factor:

"My little girl and my little boy are on Transfer Factor now. They have not been sick one day in four months — it's just been wonderful for our family!" see page 9

"I went from being in a state of constant fatigue, sick with sinus infections to being health and happy to be alive!" see page 17

"I'm just doing great! In fact I'm out jumping on the trampoline with the grandkids!" see page 41

"In a very short time, my overall health was better than it had felt in over three years. It's been wonderful! see page 42

"I've got news for you; [Transfer Factor] not only kept me out of the hospital, but reversed my kidney disease, which is unheard of!" see page 22

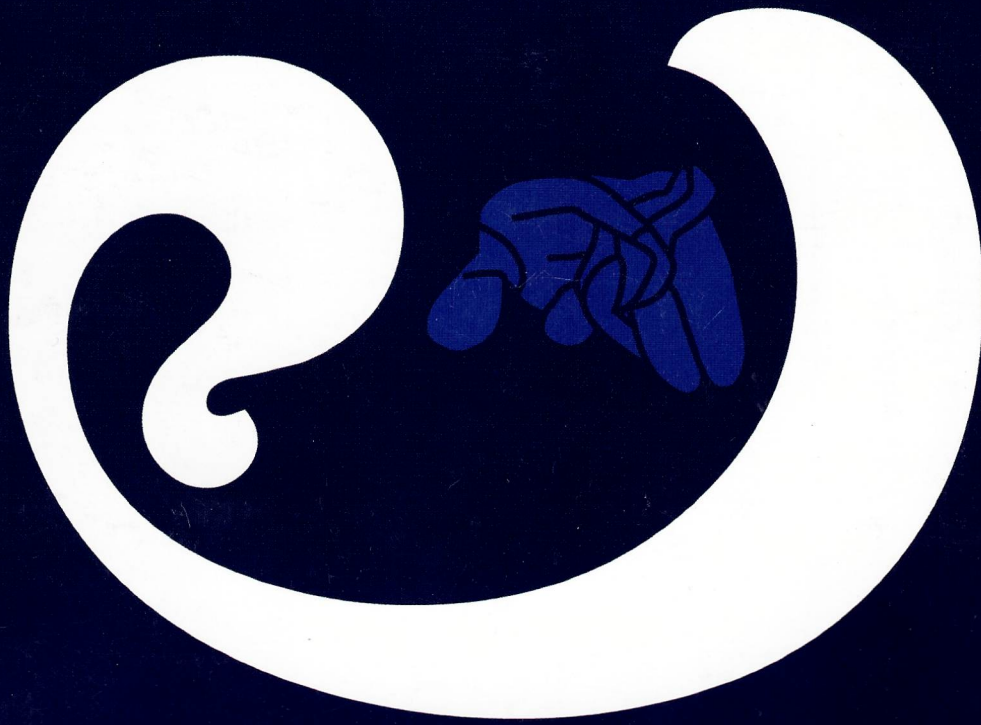
"My doctor cannot believe the change in me. I know that Transfer Factor allowed my immune system to heal itself." see page 28

"It was miraculous, I don't even know how to describe it. It's unbelievable what a remarkable product this is." see page 38

"His sugar and blood pressure are back to a normal range. He now has hopes of getting off all medication for his diabetes using the Transfer Factor products!" see page 40

The Transfer Factor CHRONICLES

INDIVIDUAL ACCOUNTS WITH TRANSFER FACTOR



VOLUME I
INFECTIOUS DISEASES



Red Point
publishing

TRANSFER FACTOR CHRONICLES

Individual Accounts with Transfer Factor

BOOK 1: AUTOIMMUNE AND
INFECTIOUS DISEASES

Compiled by
Roberta Hennen

Red Point
publishing

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Transfer Factor Chronicles, Book One: Autoimmune and Infectious Diseases, is the first in a series of books. An open invitation is extended to all of our readers to make any contributions they would like by mailing them to P.O. Box 907, Pleasant Grove, Utah, 84062.

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Dedication

To Fritz and Selma Skogman Anderson

Acknowledgments

When compiling the many testimonials for this book, there are always those to whom I must express my genuine appreciation. Anne, Barbara, Jen, and Nathan gave invaluable assistance. I also thank Keith for the cover design and other illustrations. Special thanks belong to each and every person who took so much time and gave so much effort both in writing and gathering these testimonials. As always I am forever grateful for my husband, who has faithfully supported me, not only while doing this book, but in the small things he remembers.

Introduction

There are those we meet in this life that forever change our lives for the better. They can accomplish this because they recognize who they are and they possess the love and the courage to become all that God intended them to become.

While attending college in western Minnesota, I met such a man. We were both majoring in chemistry. When we first met, I asked him what he wanted to do with his chemistry major. His response was that he wasn't sure how, but he wanted to help people. We were married shortly thereafter nearly thirty years ago.

We decided to take on this project simply because it was a small way to help make the world a better place in which to live. It is made better one person at a time as we each reach out to those individuals who are suffering.

This is not a book about marketing. This is a book about facts and feelings. This is a book about sharing our experiences with others, so we can truly help each other. This is a book that shows we care for one another. We think God intends this for each of us – to care for each other, to lift and be lifted by each other.

Allergies and Asthma

Doris Z.

I started to take Transfer Factor Jan. 2002. In March I usually start with allergies. My allergies include all kinds of pollen (trees, grass, etc.). The beautiful spring flowers, such as hyacinths, lilies, lilacs, lily of the valley always made me sneeze with a runny nose and very itchy eyes. I was at a dinner table and there was a pot of hyacinths right in front of me. Throughout the whole meal I did not have any allergic symptoms nor did I have any later on. Also I always had swollen feet & ankles during the hot summer weather and this year I had no swelling. I take 3 T.F. daily. I am 67 years young.

Vincent H.

I did experience some fabulous results. In 1959 I was diagnosed with seasonal allergies. Here we call them 'Rose' and 'Hay Fever' allergies. They turned into about 15 different types which, as my immune system went down, went into a food allergy problem which escalated – almost becoming asthmatic several times. (Note: substances allergic to were grass, dust, pollen, ragweed, molds, perfume; during allergy season couldn't eat anything with tomatoes, chocolate, or cola.) So I went to the doctor, got shots every other week, eye drops, nose sprays, allergy medication. I got to a point where I had to carry a box around in my car with all different types of sprays, atomizers, etc., just to keep going through the day. I was still tired. I had to sleep in the chair at night. I couldn't lay down in bed. I was irritable. I had a lack of energy.

So finally this year my wife said "You've tried everything else, you went through all the list of vitamins you dosed yourself with and you still didn't succeed. Why don't you try Transfer Factor?" So in March I did. I was taking one with each meal for the first week. I didn't notice too much, so the next week I doubled it up and I noticed a little bit. So I thought, well, if 2 is good, 3 is better. It didn't gain me too much, so I went back to 2 with each meal and I took one in between each meal with a glass of water and one before I went to bed.

Voila! What a difference! It's so hard to explain to people! People look at me! I'm so used to sneezing at work all the time. I don't do that anymore. I don't carry 4 handkerchiefs around anymore. I don't carry that box of tissues anymore. I don't have that box of medication anymore. And I have not been back to my allergy doctor since March. Thanks to Transfer Factor!

Claudia P.

I have had a lot of problems with allergies that cause me not to digest my food properly. This caused colon problems, which always caused some sort of leg and back pains. When I had the colon empty and watched the type of foods I ate, things were better. I wish people would be more aware of the benefits of enzymes and Transfer Factor to balance their immune system.

I first started taking 3 TF a day. Then I went to 1 TF+ and 2 TF a day. I also take 1 PBGS+ 2 times a day, 1 Enzy-Rite per day. On

"By that evening, I was fine"

We got involved with Transfer Factor about the first week of October. Within days of getting our first product order, I woke up feeling like I was coming down with the flu. I had a headache, sinus pressure across my nose and eyes, and after I'd been up for a short time, my legs started to ache. We were scheduled to fly and see some friends in Tennessee the very next day. I didn't look forward to sitting on an airplane for four hours, feeling achy with a stuffed up head and everything. I decided to up my Transfer Factor intake, so I took five capsules three times that day. The next morning, I was almost symptom free. I continued to take extra Transfer Factor, taking five capsules three times that day. This was the day we were traveling, the whole day. By that evening I was fine. Normally my legs would have ached for several days and I would have ended up on antibiotics or whatever they give you when you have a sinus infection, because that's what usually comes on after flu-like symptoms. We appreciate hearing about the product and just having that product to rely on. – Barbara N.

extra rainy or extra humid days, I take 1 or 2 more TF per day. I used to catch a virus in the winter (January or February), but I am not sick anymore with TF and TF+.

Jolynn C.

I listened to the information a friend gave me about Transfer Factor because my seven year-old daughter has had numerous sinus and ear infections during her life, usually using an antibiotic at least 4-5 times a year. The last time she was sick prior to starting the Transfer Factor, it took two antibiotics to actually clear up her infection. I decided to buy a bottle and just keep it on hand, but hadn't given it to her as a dose yet. About 3-4 days after I got the bottle, she woke up from a nap with a high fever, 103 degrees. Her ear was hurting. I had drops for her ear for the pain, so I did put those in. I gave her five of the Transfer Factor mixed in with a little grape juice, since she doesn't swallow capsules well. She went back to sleep and about four hours later she woke up. I repeated it giving her five more

in some juice. She slept some more heading into the night. By morning when she woke up her fever was gone, and she was feeling fine. She actually went to her little summer camp program that afternoon.

Doreen L.

During the past seven months, I've taken four Choice 50 and three capsules of Transfer Factor every day. It's a dynamic combination that's improved my quality of life immensely. Most people would prefer to enjoy good health and avoid the chronic problems that seem to plague many people as the years add up. I might add, I'm 64 years old, I'm an RN and I have quite a respect for medications, but they just didn't handle the problems that I had. I chose to focus on taking these natural supplements to help my body boost its immune system. In the past severe allergies had been a major problem for me; each episode usually resulting in a mega-infection of bronchitis or a nasty sinus infection. My allergies are gone since I've been taking these products.

It's wonderful to be free of that stress. I don't take antibiotics, like in the past years, and I am saving money by not going to medical doctors. I also sleep better and feel rested when I wake up.

Gerald T.

My son is eight years old, and we've been battling with asthma for over four years now. It's been serious enough that he has been hospitalized four times. It seems to come out more strongly in the spring and summertime because he's allergic to pollen. We have tried every nutritional supplement and everything under the sun to help control it. Of course the physicians have always wanted to put him on steroids, which I don't agree with. I have resisted that as much as I possibly can.

I would say about five months ago a very good friend of mine in Texas, Herald D., sent me a bottle of Transfer Factor. I started putting Gregory on Transfer Factor one capsule three times a day. Ever since he's been on Transfer Factor, we have not had one asthmatic episode. What's wonderful about this is that he can go outside and play. He hasn't used his inhaler at all in four months. I can tell it's really working because at night, before we started using Transfer Factor, when he was sleeping you could see his little chest just pumping so hard to try and get air into his lungs. He always breathed

through his mouth because his nose was always clogged. Since we've had him on Transfer Factor, at night when he sleeps, he's breathing through his nose. It's very simple for him, it's very easy for him, and he sleeps through the night. It's just been a fantastic product for my little boy.

My little girl and my little boy are on Transfer Factor now. They both get a capsule twice a day now. They have not been sick one day in four months and it's just been wonderful for our family. For my little boy and for me because it puts a lot of stress on me when my little boy has an asthma attack and I have to rush him to the hospital.

Alva W.

I had allergies, asthma, extreme allergies. I was allergic to almost everything – you name it I was allergic to it. About a year ago my friend introduced me to Transfer Factor, I took a couple of them a day and thought that they worked pretty well, but last January, I moved to Texas. I woke up in the middle of the night, and I had the most severe pain that went all the way up my arms, across my shoulders, and down my other arm. The pain was just tremendous. I took pain medication that I had and it just did absolutely no good. I called St. Michaels Hospital and they suggested that I come in. All they did was give me pain medication and sent me back home, telling me not to use my arms until I could see a bone specialist. I couldn't see him for a week.

In that time the pain just constantly grew worse. It grew to the point where I couldn't comb my hair. I couldn't lift my arms up, I couldn't even hold a cup of coffee without severe pain. I couldn't stand for my arms to be out so that the air would get to them. Sometimes I would have to sit in my den by the fireplace all night wrapped up just to stay warm. I remember when I was getting ready to leave California that I had just gotten my Transfer Factor order. I thought that now would be a good time to find out just how good this Transfer Factor is, I started to take them. I was desperate.

I took four, four times a day for two days and the pain started to lessen somewhat and I continued to take them four times a day. After about three days I could hold a cup of coffee without the pain. After five days I could fix my own meals and then after about seven days I could do most of my housework except making the bed. I con-

tinued to take that amount and about nine days I could resume my normal routine. I went to the doctor after the snow melted and he told me that I had a severe attack of bursitis when I was getting ready to leave California, but something else had also happened that I had noticed – I went through the summer, I went through last winter, up to now I have had no allergies, no asthma, not even one attack. I just say for that praise God and Transfer Factor.

Rusty and Charmein C.

Our 15-year-old son has asthma that was diagnosed when he was 6 months old. He used a nebulizer 4 times per day until he was about 5 and then went to 3 inhalers two time per day. Jon began taking Transfer Factor at the rate of 3 3 times per day until he was able to stop using his inhalers daily. He continues on 2 3 times per day (when he remembers, he is 15). He has told us that for the first time in his life he can really breath and very rarely needs any of his inhalers.

Mother of Wesley Z., born Nov. 19, 2000

Wesley had 5 hospital stays by 4 months of age, the first being at 10 days old. He was diagnosed with RSV (a respiratory virus). He was back in the hospital after 12 days again with RSV and asthma, which was no surprise because 5 of our 7 children at one point were diagnosed with asthma. So here we go again: nebulizer treatments – treatments every 4 hours for a week, then once a day for the rest of the winter.

At this point the doctor told me to stay home until the end of April or beginning of May. I was paranoid about taking the baby anywhere or having company here because he picked everything up.

I also started wondering about our heating system, as some people thought it might be the problem. By this time I was open to any body that had a suggestion as to what might help. Our baby was constantly battling one bug or another.

In February, 2001, our baby was back in the hospital with pneumonia and asthma and had another 4 day stay. They also took a test on his eyes for the pus that he always had around them when he was sick. It turned out to be strep throat.

We tried other things such as magnets, which helped some, but in April he was back again in the hospital with RSV, pneumonia and

asthma. Around this time a neighbor told me about TF Plus. I thought it would be worth a try. I started him on 1/4 capsule per day for 5 days, then 1/2 capsule per day, along with his morning medication dosages of Pedia-prednisone and antibiotics. By this time he was around 4 months old.

I would open a capsule, pour out the amount I wanted in a small bottle cap, then used a small syringe (no needle) and wet it enough to make a thick liquid. I sucked it up with the syringe and gave it in the side of the mouth when I was feeding him. He had learned to like both, which gave me a little time to get out for short periods of time.

At first he cried and fussed a little, made a funny face, but kept it down. These yucky medications weren't new to him because it seemed he was always on Prednisone and antibiotics. He got so that he took it like a little man; no fuss at all!

I had him on TF Plus solid for about a month. I tried going off every once in awhile, but he always started with a runny nose or coughing again, so I put him back on. Gradually I took him off the nebulizer and wonder of wonders, he did fine! Sometime in that first month of TF Plus, I started giving the regular TF: 1/4 capsule per day for 5 days, then 1/2 capsule per day. Then I took him off TF Plus, but gave a whole capsule of regular TF. He's doing fine.

The past two weeks he has been teething and I put him back on TF Plus occasionally because of an earache. It seemed to clear right up. We haven't had any doctor bills for our baby since starting him on TF Plus.

I praise the Lord for answered prayers and wonderful, helpful neighbors (who told me about these products). I give Him, the Great Physician, the credit. These other things are instruments in His hands.

Cathy H.

My son, Joey, developed asthmatic symptoms at about 10 months old (1997). In December of 1997 we spent 4 days in the hospital trying to determine his health condition such as RSP (that may be the wrong initials). They found nothing and sent us home with a nebulizer and Albuteral. The Albuteral made him so shaky and upset; his little body looked so traumatized. I began giving him juice with PBGS+ (ground up) and Recall formula (1 capsule in juice), whenever he had an attack rather than the nebulizer.

He has never had to use the nebulizer since. I now include Transfer Factor, (1kids) PBGS+ and enzymes daily. However, when he is exposed to something that sets his asthma off, I add in 1 Recall twice a day until the symptoms are gone. If he wakes up with an attack, I empty a capsule in juice along with PBGS+. Within 5 minutes he's back to sleep. He is now four and a half years old.

Arthritis and Lupus

Caterina T.

It is a privilege first of all to be on this call this evening. If any of you think that you are here by chance, you're not. You are here because someone cared enough about you to tell you about this incredible product. Let me give you a little bit of background, my medical background. For fifteen years I was plagued with asthmatic bronchitis. Twice a year for at least three months each time, I would be sick. It didn't matter how many antibiotics I was on, how many different inhalers, it had to run its course of three months. I had also been plagued with degenerative arthritis and Raynaud's disease. The arthritis had gotten so bad that I couldn't open the door to my office. The Raynaud's disease which had started on the tip of my right index finger, losing circulation had over ten years then encompassed all of my fingers and all of my toes. The doctor told me that if I didn't move I ran the risk of getting gangrene and losing my digits one at a time.

I initially started Transfer Factor on February 22, 1999, when an upper respiratory virus attacked our household. I started with four Transfer Factor the first day, three, three times a day for the next four days, and on the fifth day I woke up and all the symptoms were gone. I had more energy than I had had in two years. This is when I sat down and listened to the tape "From Here to Immunity." It was then I realized what a miracle I was given. The tape talked about Transfer Factor and how it helped with arthritis. I looked down at my hands and the swelling was almost gone. I pressed on my hands and there was no pain. I am so excited to report this that since February 22, 1999, I have not had asthmatic bronchitis. I have not had any pain from my arthritis; and I have not lost any circulation in my fingers and toes. I thank God for Doug and Joe, for my angels

"I was told I would never work again!"

Blood tests are incredible—it's as if you don't have rheumatoid arthritis," said my doctor. I have had rheumatoid arthritis for the last six years. In May of 2002 I had surgery to fuse three joints in my foot. I was scheduled for ankle replacement surgery this winter, I no longer need it. I started on Transfer Factor in March 2002. I would describe my recovery as a constant improvement. I was told that I would never work again. I have been back at work for a month now, and I am doing great. I take 3 Transfer Factor a day along with 3 glucosamine a day. — Viola M.

of mercy, who gave me my first bottles of Transfer Factor. Also a special thank you to all of you who have helped and the miracle that you gave me.

Marnie M.

My husband's arthritis pain went away in one month after 4 TF a day and 3 Fibro AMJ a day. We tried cutting back to 1 AMJ per day, but the pain came back. When we went back to 3 AMJ per day, the pain again went away. I now have him on Male Pro.

Eunice V.

This past April I was under a lot of stress as sometimes happens. I was diagnosed with lupus about seventeen years ago. Sometimes I expect this with stress, and it showed up in the form of a rash. I know a lot of people think that it's no big deal because it's nothing but a rash, but this is a different type of rash. It started at my pelvis bone and worked its way up my body. I had a wedding to go to that evening, but I didn't think I was going to be able to make the reception that night because the rash seemed to be making its way up to my face. Usually this type of rash opens up and develops into welts and then lesions. It's very, very painful and generally lasts for a long time. I decided to increase the amount of TF I was taking. I was just a little depressed because I didn't think I was going to make the reception that evening. I didn't experience any pain whatsoever. I knew the stress had brought it on, so I just increased my dose of Transfer Factor Plus,

Transfer Factor, and TF RenewAll cream and within less than a twenty four hour period, the rash was almost gone.

I looked, it was at my abdomen around my belly button and that was it! I was able to make the reception. This has never happened before! Never! Usually it lasts a very long time and it's just such a distressing thing to go through. I try to help people become aware of their immune systems and teach them how to take control of their own health. I have never found anything like it. I just praise God I'm using it. It's a wonderful product and it's just terrific! I'm so glad that I found these products. I'm very, very happy to be on them.

Autism

Julie D.

I have two children with autism, a boy and a girl. My sweet boy reacted severely to his 18 month vaccines, resulting in a three month fever with encephalitis (brain swelling) from measles and mercury toxicity from the thimerosal component of the vaccine. Many say that there is no link with vaccines and autism, but they do implicate viruses, heavy metal toxicity and skewed immune response, which are all part of the vaccine process. Many professionals and parents are not convinced. Needless to say, I'm one of those parents.

I can't tell you how devastating it was to see my boy go from singing, talking and dancing... to slamming his head against the wall and not knowing who I was. We have had to bring home videos to doctor's appointments to show that our Michael was normal till those shots.

Many parents don't know, that dyslexia, ADD/ADHD, bipolar disorder, anxiety disorder, and aspergers are all considered on the spectrum of autism by many autism professionals. It could be that more children are reacting to the toxins in vaccines and in our world than we know. Our boy was chronically ill after that 18 month appointment. We used so many antibiotics, that we began to worry about our options for fighting infection. We actually turned to human breast milk, trying to raise the immunity of our son.

When we used breast milk, we had some unusual things take place. Not only did he avoid ear infections and even colds... his

autism started to go away. We took donations of mother's milk. This went well until the local hospital stopped helping us get donations. I also noticed regression when we did not have breast milk.

Luckily a friend told us about Transfer Factor. We started using it, but also added vitamin A, taurine, enzymes and other nutritional supplements to replace what we were getting nutritionally from the breast milk. As far as we could tell, Transfer Factor had the same effect as the breast milk.

We went from a child who injured himself, had no noticeable pain threshold - yet terrified of sound, no need for sleep or human contact, to a loving boy who gives hugs, makes eye contact and sleeps through the night. We may not have him at a level of "normal functioning," but the difference is miraculous to us. We were able to get our child back. We continue to treat him with chelation, secretin, gut-bug prescriptions and many more treatments that we feel are contributing to his progress. We have fewer side effects to these treatments, most likely because we use transfer factor to support the immune system through the process.

Professionals convinced us to go ahead and start vaccinating Jessica, since there is no proof that vaccines cause autism, and she had a terrible reaction even earlier than Michael did. Fortunately for us, we were able to start her treatment quickly, based on what we'd learned with Michael.

We keep our kids on 9 Transfer Factor a day, along with a thorough regimen of other supplements through the direction of our autism doctor. Transfer Factor is one supplement that I can't live without.

Currently, my children are the happiest kids. Both are learning to talk and imitate, and multiple professionals have said that my daughter would not be diagnosed with autism again if she were being evaluated at this time. They are both rather social, and want to interact and play. Even though we feel like we are not FINISHED with this journey, the progress is measurable, and we are pleased.

We have hopes for a full recovery from autism. I hope all parents who have children with developmental delay and learning disabilities look into the biomedical treatments for such problems. It could be that all these conditions are treatable. Every parent needs to know what can happen, and what they can do about it.

For our full story on CD and/or more information, contact Julie Duffield at valentinewiggin@juno.com.

(Editor's Note: It is our general policy to protect the privacy of our contributors by omitting their family names. We have made an exception in this case, with Julie's permission, in order to allow our readers to obtain Julie's full report on CD for \$5 plus P&H).

Bronchitis and Upper Respiratory Infections

Rusty and Charmein C.

About 3 years ago we got involved with the wonderful product Transfer Factor. Before this time our 3 year old daughter who was under 1 at the time, was constantly coming down with ear infections, step throat, colds and the occasional flu. We began giving her Transfer Factor by splitting open the capsule and pouring about 4 pills into her formula (after microwaving). We were amazed. Within one day of doing this her ear infection and/or strep would be gone (at least the symptoms).

When we would go in for the follow up doctor visit she would be given a clean bill of health! (We would not give her the prescribed antibiotic, but did pick it up just in case) We kept giving her Transfer Factor through her formula and, when she was able, we began to open the capsule and pour directly into her mouth. Then later at about 1-1/2 years old she began to chew the Transfer Factor capsules and still does to this day! She has not had an ear infection or strep throat since we began! Now if she gets a cold or flu, it is very minor and short lived!

Mother of Lester S.

I would like to share our story of our son, Lester. At 11 months old he started with repeated ear infections. We had him on antibiotics often and we soon realized we were getting nowhere except in a vicious cycle of ear infections to antibiotics to ear infections, etc.

We were desperate and ready to try anything. We heard of Transfer Factor and were so willing to try it. At 14 months old, we started him on a gradual intake of TF: 1 per day for 3 days, then up to 2 per day, then at the most, 4 per day. He was on 4 per day for two weeks, then got another ear infection. We felt with him having this chronic problem, we should start him on TF Plus. Again we began a gradual intake of 1/2 capsule per day for 2 days, then to 1

per day and then 2 per day for two weeks. After two weeks we dropped back to 1 a day. Since he was put on TF Plus, he has had no ear infection and he is now 20 months old. We also have him on TF Kids (a chewable, multi-vitamin with Transfer Factor added). We were definitely amazed and pleased with the results!

Rita E.

I got a very, very bad case of influenza with what seemed like a follow up strep infection of the throat. I had to give a lecture in Atlanta in 24 hours after I came down with the fever and the swollen glands. I stepped up my dosage of Transfer Factor and I was standing behind a podium within about 30 hours or so after the onslaught of this incredibly serious infection giving a lecture with only sniffles as a residue. I could not believe it!

Marilyn K.

I have had lifetime attacks of bronchitis and laryngitis and neither desensitization or strong medications ever helped. Now with predictions from allergy specialists for a very bad allergy season, I had determined to keep my home closed to the pollens and molds this year, but it was so lovely out today that I opened two doors, and

"Thank you, Transfer Factor!"

For the past eight years I had suffered from acute sinusitis, constantly on antibiotics, steroid spray and the like. I had been so abused by antibiotics that I developed intestinal problems: severe diarrhea and severe cramping to the point of crying. I was put into the hospital for 7 days and had to be fed intravenously due to dehydration.

I knew I had to find an answer with alternative health. I went on many different products recommended by my chiropractor. Nothing helped! Until I heard about Transfer Factor. I started with three Transfer Factor three times a day and did this for four months, let me say the change was unbelievable. I went from being in a state of constant fatigue, sick with sinus infections to being healthy and happy to be alive! I continue to take three Transfer Factor a day! Thank you, Transfer Factor! – Karen C.

within 15 minutes I was coughing. I had to mow the lawn before more rain, so I fortified myself with Transfer Factor and went out into that pollution, expecting to mow only 1/4 of an acre and then quit because I knew I'd be in trouble. I was having such a good time and no problems at all that I did the entire yard and was looking around at the neighbors' yards to see if they'd mind if I would do theirs. All systems were go. I'm on the go and feeling good with no coughing at all since taking the Transfer Factor. This is the very first product I have ever taken which has demonstrated immediate improvement. Matthew and I didn't have to take it for weeks or months or let its impact build. Apparently Transfer Factor has built-in impact, and after a lifetime of sluggishness, my immune system must be shocked and delighted. So am I.

Brooke R.

Last week I came home from school and I was feeling very sick, my throat was really sore and every time I coughed my chest just ached. I went right to bed. My dad brought me three Transfer Factors, and then later on that night he brought me three more, and then the next morning I took three more, and by noon I was feeling so much better. My throat didn't hurt and I was ready to leave the house, but my parents wouldn't let me because I'd missed school. My father said that I got sick because I eat too much junk food, and stay up too late and, as a result, my resistance goes down. Usually I take antibiotics, but this time I took Transfer Factor and it was much more effective. I really like it a whole lot better because it didn't have the side effects that some of the antibiotics have. It just works a lot more quickly. I plan on taking Transfer Factor and BioEEA capsules from now on. I was really amazed at how well it works!

Larry N.

I, like my wife Barbara, ended up coming down with the flu bug at the end of our vacation, just as we were leaving Nashville. Monday morning I got up and had a terrible sore throat. I thought, "Oh no. This is not good." I'm in sales and after being gone for four days, I've got a lot of work to do to make up for what time I had lost. I took five Transfer Factor that morning. Because Barbara had had luck with it, I thought I might as well try it, too. I took

five that afternoon and five that evening. I woke up the next morning to go to work and didn't feel bad, but didn't feel good, so I continued taking five that morning, five that afternoon and five that evening. I woke up on Wednesday morning, and I almost laughed at myself because I felt so good. I swallowed and my glands weren't swollen shut. My throat wasn't sore. I grabbed my neck and thought, there's no pain, there's no discomfort at all. I was so excited I felt like screaming because this is not normal for a person that still has his tonsils to get rid of something this fast. I was excited and just about told everybody that we know about this tremendous product. So I treat my Transfer Factor like I do my American ExpressTM. "I don't leave home without it." So all I can say is, Thank you Transfer Factor, and thank you, Bonnie for turning us onto this great product.

Marc B.

I came down with the flu and bronchitis. I normally don't get sick. I took a mega-dose of TF by taking 3 capsules 3 times a day. I've also had diabetes 38 years and a 104 degree fever. I started on Thursday. On Friday I went to the hospital because my doctor wanted me to have an x-ray. I left the hospital with a clean bill of health saying, "Yes, you have the flu and bronchitis, but no pneumonia, no heart strain. Go home, you'll be fine." Sunday I started feeling half-human again.

Monday I went to the doctor and he questioned me. "What did you take? What did you do?" I told him what I took. I showed him the bottle. He said to stay on it, obviously it worked. It was exciting!

Norman T.

I am a 48 yr. old male who has in the past years had from 2-3 sinus infections each year. These would usually happen in the spring and in the fall. Each time I would get these sinus infections it would usually require a doctor's appointment and then I would receive a prescription for an antibiotic as well as "Flonase", a nasal spray. This recovery would take the normal 10 days to 2 weeks.

Two years ago, after hearing of others' success with infections like this, I made the decision to try Transfer Factor Plus. When I began feeling my normal fall sinus infection coming on, I began taking 6-9

capsules per day. I initially used the Flonase for a couple of nights. After two or three days I noticed that the "headache" that was normally the indicator of my sinus infection was gone. I was excited! I continued to take 4-6 Transfer Factor Plus capsules per day and did not use the Flonase again.

After a couple of weeks I dropped to 1-2 Transfer Factor Plus per day and continued taking that amount until I would feel the beginnings of that sinus "headache". I would increase my dosage to about 6 capsules per day for a week or two and then drop to the normal 1-2 a day again.

I have not been back to the doctor for a sinus infection since that time, two years. I have included one RiteStart Men packet each day this year (which has one Transfer Factor Plus in it) and I continue taking the additional quantities of 6 Transfer Factor Plus capsules each day for 1-2 weeks when I feel my sinus "headache" coming on.

Diabetes

George T.

Well this goes back several years. I've been a diabetic taking two to three shots of insulin a day for fifty one and a half years at this point. So now you know I'm an old man. Anyway, back about eight to ten months ago, I developed a problem in my leg muscles and I kept getting worse and worse. My doctors said that it was from muscle deterioration due to my diabetes and he said just be thankful you still have both feet, which I certainly was. In any case, it got worse and worse, until I started walking with a cane and then it got so bad that I had to purchase an electric wheelchair. The pain was just so bad that when I walked out of my house and I would walk maybe ten to fifteen feet, I would have to sit down to rest my leg muscles. The pain was just that severe. In any case, I've been taking this Transfer Factor Plus now for seven weeks. Before I started taking it, I was having more insulin reactions that you could shake a stick at. The week before I started taking it, the paramedics were at my house, three times in one week. They're always here at least once a week. Well praise the Lord, they haven't been back to my house since I started taking Transfer Factor Plus and I am so thankful for that. Plus I no longer use my electric wheelchair; the cane is sitting

in the corner. I am one happy camper; I cannot say enough things for Transfer Factor Plus. One of the best parts of this whole thing is the lovingness and kindness of all the people that I deal with, with it. Not just the people that I talk to, but mainly the people back in Utah at the main office and Helen A., the sweet lady that signed me up. She is the sweetest lady in the world. Everybody wants to help and this supplement is the very best that I have ever experienced!

Ted B.

We're in the meeting with an excited group of distributors at the moment. My wife of 48 years suffers from diabetic peripheral neuropathy that's been coming on for at least ten years. In 1997 it took a sharp downhill course and just kept going faster and faster. By February 1999, we had just about given up all hope and it just seemed inevitable that she would be in a grave within three to six months. Her five doctors were doing the best that they could possibly do, but it seemed that all they could do would add more drugs which got up to a \$570 a month total. I can't really put into words how I felt because to sit there and watch your wife cry in pain and not be able to do absolutely anything for her is a very helpless feeling. Eventually I had to go off and go to bed so I'd have strength to take care of her tomorrow. In February 1999, we had paramedics out to help her get up, because she had fallen three times in 24 hours. Early March my oldest son found out about Transfer Factor. He called me and said, I think this might help Mom. In desperation I said I'll try anything and we immediately signed up and ordered the product. On March 9, 1999 we started her on three capsules, three times a day. From that day on, it's been nothing but uphill. We have a way to go yet, but we have hope and we're no longer thinking of her as dying. Some of the improvements in a nutshell that she has had is from having to be fed, now she's able to do some cooking and dishwashing. From not able to stand from her lift chair and turn 180 degrees to sit on a portable commode, now with a walker she can get around and take care of a lot of activities as well as self care. From needing paramedics to the one time she's fallen since then, she was able to get up by herself. And from being wheelchair bound to now when she hasn't been in a wheelchair in five and a half months. She even went down to the basement for the first time in over two years and back up on her own power, even though we were super-

vising her while she went. I thank God for Transfer Factor and for what it has meant to my family! I don't know where we'd be! I do believe that my wife would no longer be with us if it wasn't for Transfer Factor.

Marc B.

I have had diabetes for a long time. I go for a quarterly blood test ever since I was diagnosed with kidney disease back in 1986. I really watch my blood sugars and take a new medication that was experimental just to maintain my kidneys.

After taking Transfer Factor I now have about 80-90% kidney function. My physician said that not only are my kidneys functioning well, but after fourteen years they've reversed. He said my BUN (blood urea nitrogen) had been about 35 but had dropped to 19. He said normal is 10-15. For 14 years my BUN, or measure of kidney function, was elevated almost twice as high as it should be which said my kidneys weren't filtering well.

Only once in my life did I endorse a product. I've been on an insulin pump for seven years, and I allowed my name, my face and my testimony to be used nationally. This is the second time, and it took a lot to convince me. I've got news for you; it not only kept me out of the hospital, but reversed my kidney disease, which is unheard of!

Jenna F.

My husband is diabetic. He has had sores on the shins of his legs for several years, and the doctors have prescribed an ointment for him to use that costs about ninety dollars an ounce. He had run out of the ointment and I convinced him to let me try Transfer Factor. I put a little bit of cortisone cream over the sores to help with the itching, and then I broke open a Transfer Factor capsule and rubbed it into the cream covering the sores. It seemed to help, but it wasn't quite doing exactly what I knew it could do.

It dawned on me that it was probably rubbing off on the sheets at night. I started wrapping his legs in plastic wrap. It took three or four days, but it was just miraculous what it did to those sores. The scabs healed, the itching stopped. Now we are able to control those by giving him Transfer Factor and Transfer Factor Plus orally.

Fibromyalgia

Kathy W.

I will never forget the day! We received our products on a Friday, March 19, 2000 and I immediately took the Fibro AMJ Daytime. In 4 days I got up in the morning (after being bedridden for three and a half months), walked out of the bedroom and said to my husband, "Can a product like this work this fast?" He said, "Well honey you look a little better." The severe pain and aches was a lot less, and I immediately started the Transfer Factor and in another two days the "fibro fog" was almost completely GONE! I then started taking the Fibro AMJ Nighttime and started getting some "real" sleep. Since that day I continually have made great improvements in "Reversing" my fibromyalgia. After being on the products about 6 months, I then added the other products of the Fibro Free Phase program and within 2-3 weeks again noticed an overall health improvement. I could now begin to work on several areas in my life that needed help. I heard a doctor talking about fibromyalgia on a conference call several weeks later. This doctor was recommending the Fibro AMJ and Transfer Factor to everyone who had fibromyalgia. He was also talking about using the four (4) pillars or foundations in learning to "reverse" fibromyalgia. They are a) nutrition, b) exercise, c) stress management, and d) supplements. By instituting all of these I am "reversing" my fibromyalgia. By starting with the supplements, I was able to aggressively approach dealing with the other three (3) foundations. Words just cannot express my gratitude for these wonderfully formulated products and my life-changing experience.

Kathy's supplement program consists of:

- 4-6 per day of Fibro AMJ Daytime (depending on my activity)
- 3-6 per day of Transfer Factor
- 1 per day of Fibro AMJ Nighttime
- 3 per day of Bio Vitamins
- 3-5 per day of Bio EFA
- 2 per day of Choice 50
- 1 per day of BioGenstein Plus
- 2 per day of Stress Formula

Dixie D.

After having fibromyalgia for years with all its attendant fatigue, I am now watching the 11:00 PM news and still getting up at 5:00 am to get ready for work. Sometimes I still have to rest when I get home, that's to be expected, as I am a nurse. I do not have that hot achy feeling all the time any more. I can sleep without any Rx most nights. I take 2 Transfer Factor Plus, 4 Fibro AMJ and 1 Fibro PM a day. I am very happy with my results from the Fibro AMJ, Fibro PM and Transfer Factor.

Bonnie P.

I really do like to be able to spread the word. I am a 51 yr. old, or young, with a new lease on life, thanks to the Transfer Factor products. About 20 years ago, I was diagnosed with fibromyalgia. It was only after several frustrating years of going to this doctor and the doctor telling me he really could find nothing wrong with me. I was becoming very concerned that I was heading for a wheel chair. I had no energy and I was in a lot of pain, with many of the symptoms that Dr. Rob talked about. He has explained to you that the precipitating factors of fibromyalgia are usually trauma and physical or emotional trauma in those areas – or a flu bug or virus that never seems to leave the body completely. I won't go into the litany of the preceding factors in my illness, but just suffice to say that I had a host of things that qualified as precipitators.

At the time of diagnosis, I was given a diet and exercise, stress relief and supplementation plan to follow. Basically they told me that I was going to have to live with this. It was a pretty uphill battle, but in about 6 months, I regained my strength enough to be able to continue functioning. I had two small children and was a teacher of children with special needs, so the demands on my body and mind were very great. I was able to keep the pain and fatigue under control at about a 50% functional level all those years. I pushed myself to do what others take for granted. I say over those years that many of the symptoms that Dr. Rob mentioned became part of my life; the sleepless nights, the irritable bowel syndrome, the depression, the headaches.

The symptoms would come and go, and I would think that I had it licked and under control, and then I would be devastated, of course, when the symptoms returned again and again. Finally about

"I'm glad I learned about Transfer Factor!"

I developed fibromyalgia, I think as the result of a back injury that I suffered in 1984. I have had pain until I started taking Transfer Factor. It was so bad that sometimes my back would hurt until I would literally throw up from the pain. I soon realized how well Transfer Factor worked for me. I took a trip back to my parent's house because my mother had broken her hip in Alabama. Because of certain flight restrictions, my flight was in the middle of the night. I was so worried about that because just the trip itself is really difficult if you have fibromyalgia. It causes so much pain to sit that many hours. Needless to say, I got little, if any, sleep (at least no quality sleep, and sleep is important if you have fibromyalgia). It was the most incredible thing because I left here, a couple of weeks after I had started taking the Transfer Factor. I left here at about 4:00 in the afternoon so I could travel to L.A. We left so early because that is when the shuttle left from Santa Barbara. Then I got to L.A. and I had to wait at the airport a long time, which was really stressful for my back. Then I got on the plane and flew all night long, and didn't get to my parent's until 9:00 a.m. It was so incredible because we went to breakfast, which we normally wouldn't have done because my back pain and headache would normally be so bad. On top of that, we were able to go to the hospital to see my mom because she had broken her hip.

Well, bottom line is, I went all the way without having pain and with what I've got, that's hard for a normal person, let alone an old person that is 50 years old like myself. For someone with fibromyalgia, you know that it is very, very difficult to lose sleep like that and I had no negative consequences. I had no side effects, I had no bad headaches, no bad back pain, and I could tell you a whole bunch of more stories about 97', but I think I have already used up my time. Anyway the bottom line is I am really glad that I learned about Transfer Factor because it has helped my back so much. Now as a substitute teacher, I can go and enjoy my entire day at school, not just the first three hours, which is the way it used to be. – Janice L.

5 years ago, I stopped teaching and began searching for something to help myself because I was having a lot of trouble. The symptoms became more severe even during that time, and I would sleep only minutes at a time during the night, waking up all night - the pain was excruciating in my hands, my legs and my feet. I had headaches that sent me to the hospital and emergency room. My feet would be so sore in the morning that I could hardly stand to get out of bed. I was depressed, imagine that, and began to wonder if I was going to become disabled.

I was introduced to Transfer Factor by a friend of mine. I was intrigued by Transfer Factor. When I mentioned to Dr. Rob that I had fibromyalgia, he told me what to order and how to get started on the protocol. I was a little skeptical to say the least, but I was willing to give it a try. I really know now that Transfer Factor was the key to my recovery because I've taken many of the supplements before, and I'd been a vegetarian for five years. I've taken everything and done everything that I knew how to do and it was not working. Two weeks after I started the protocol, I was sleeping better (about 2 to 3 hours at a time), and after about 3 weeks, the pain and the fatigue began subsiding. After 2 months of the protocol, it was like I walked out of a tunnel into the light of day. At the end of 3 months, I was a different person. I can't explain it to you, but I began living again, instead of enduring, would be one way to put it.

Each day I became stronger and more symptom free. I have been on the products now about 18 months, and I really continue to improve the quality of my life. Where I would normally have to plan my afternoon around a nap, now I replace that time period with exercise and recreation. I am able to swim, or take a walk on the beach. I am on the maintenance program now for the products. I continue to take them, and I plan on continuing to take them because I think that they are truly supplements for good health. I encourage all of you who are listening to join me in spreading the word. Get on the call that Dr. Rob talked about, and help us to get the word out there. Thank God and Transfer Factor we do not have to live with the pain and the suffering of fibromyalgia anymore.

General Wellness

Roberta H.

We adopted Matthew, then age 6, in June 1999. He wasn't healthy at all. Because he spoke another language, there was not much communication between us for the first several weeks. One day I noticed this white substance draining from one of his ears. It had a horrible odor! The doctor gave us ear drops and an antibiotic. It cleared it up.

We started him on two Transfer Factor twice a day and have him taking it the same way today. We haven't been to the doctors' office since! Whenever he starts to get a cold, I just give him more Transfer Factor and he gets better! Transfer Factor is a blessing in our lives!

Linda B.

I drive an 18-wheeler with my husband. A week and a half ago the flu got me in the truck really bad. I mean, it hit me like that truck. I took ten Transfer Factor and went to the bunk for five hours. When I got up I was still feeling really bad so my husband said, "I can drive for five more hours, so why don't you take some more Transfer Factor and go back to bed?" It was ten hours and twenty Transfer Factor and every single symptom was gone. I had a sore throat, headache, a stomach ache, an achy body, and I had felt absolutely like I wanted to die. From my own personal experience, because I am very healthy and don't have allergies and stuff like that, this was a wonderful test for me.

Tammy C.

I started taking Transfer Factor and the supplements about a month and half ago and my experience with them has been just like that which others have spoken of. Namely, I feel healthier, have more energy, and it's nice to feel like I'm really taking care of my body. The Transfer Factor is very effective. I haven't been sick. Some of my kids have become sick and giving them Transfer Factor helped to improve their symptoms so quickly it amazed me. It's as if something they would have been sick with for a week was over within a day, so they could go back to school. My husband is even a believer at this point because he's been threatening to get sick, and

“My doctor can’t believe the change in me!”

When I was growing up, I was usually the one that was sick. I was always the one taking antibiotics, I never really felt well. The members of my family would always comment on how I was always sick. Well, it wasn’t because I wanted to be. When I was fifteen I went to an allergist and discovered that I was allergic to a lot of air born allergens. Over the years I had tried everything to overcome this, but nothing helped. I was just so sick of being sick!

About two years ago I was introduced to Transfer Factor. I started to take Transfer Factor, Choice 50, and the Digestive Enzymes on a daily basis following the label guidelines. I have never skipped a day. Within days I noticed a really big difference in how I felt. The throat swells, runny nose, and fatigue started to go away. I just felt better. I have a lot more energy now. I have not had to take any antibiotics since starting on the products. My doctor cannot believe the change in me. I know that Transfer Factor allowed my immune system to heal itself. I am so thankful for the changes it has made in my life. – Victoria F.

putting him on Transfer Factor has been very effective. I’m not one who usually believes in this kind of stuff, yet I am so excited about these products because I have seen the results in myself and my family. I think the products are great. I feel healthier and have more energy since I have started taking Transfer Factor.

Keith M.

My granddaughter was diagnosed with cystic fibrosis at the age of 11 months, a year ago last January. She had extreme difficulty putting weight on. I had the privilege of taking care of her when she was three months through the age of six months. We were constantly putting food in her, all day long, 24 hours a day. Six ounces of milk down, four or five of milk up. She just couldn’t keep anything down and couldn’t put any weight on. They went down to Seattle from Alaska, and had a feeding tube placed in her stomach. Still she could not gain any weight. About 3-3 1/2 months ago I was introduced to Transfer Factor, and I’ve been on the look, needless to say,

for something that would be of help to her; not only her, but my wife and myself, that we might have a really decent quality of life. I knew that it was a genetic disease, but it’s those things that could end up afterwards—the colds, the coughs, and the pneumonias, that I wanted her to have a decent quality of life as long as possible. This past Labor Day weekend we flew up to Alaska and spent the weekend with them. We talked our son and daughter-in-law into using Transfer Factor. I got a call from my daughter-in-law last week, telling me that for the first time she is really beginning to put on weight. The cough that she has had prevalent is clearing up, she is down now to just an occasional dry cough. She is a much happier child. She’s got a lot of energy; in fact, she’s driving her mom just about nuts! One of the interesting things about it, at age 2 1/2 she makes sure that her mother gives her that Transfer Factor. She swallows it herself!! She’s really a big girl and she does not want to forget that Transfer Factor! I think she is aware that something has changed her life! I am just really happy to be able to share this product with anyone I come in contact with.

Bekah B.

My 10 year old son, Hyrum, who we adopted from the Marshall Islands, had a constant runny nose. No matter what we did we could not seem to get rid of it. My dad told me to give him four Transfer Factor a day. Within the week his nose was cleared up and has been clear ever since. This last school year he only missed one day of school. He is a very healthy active little boy. I will continue to give him Transfer Factor every day. Because of the success we saw with Hyrum, when our newborn, Isaac, started showing signs of eczema, we called my dad. He told us to use two Transfer Factor and one Bio EFA a day. Within a 24 hour period my son stopped scratching his skin. We have really seen a great improvement!

Anne L.

I am the mother of two young boys, ages two and four. Transfer Factor has been a part of my children’s lives ever since they were born, so my testimonial about Transfer Factor has to do with general wellness.

I have given my children two Transfer Factor a day since they were born. I give them four a day when they are going to receive

immunization shots, two before and two after. (The reason that I asked about this was because my son became sick after getting his first shots.) I also give my older son the TF Kids chewable vitamins.

My children have never had an ear infection. I have never taken them to a doctor for being sick. Their pediatrician can't understand why when every other child is sick, and mine are not. When my oldest son was 18 months old his 22-month-old cousin got the chicken pox, and ended up in the hospital. Because my son had also been exposed, I was very afraid that he would also get them. After calling our pediatrician and being told that it can be very dangerous for small babies to get chicken pox, but that there was nothing that he could do if my son had been exposed, I decided to stress dose my son's Transfer Factor. (Three capsules three times a day) My son didn't get chicken pox.

This last weekend our family was in the car driving when my husband noticed that our son's face had turned bumpy and red. I took out the TF RenewAll and applied it to his face. I applied it three times in a half-hour period. The bumpiness and redness were gone and our son's face was perfect. We don't know what caused the rash, but we do know that we will never be without the RenewAll. I am so grateful for healthy children. I know that Transfer Factor has been the difference for my children.

My husband and I also take the RiteStart packs and TF Cardio. (We were very excited about the TF Cardio coming out. We know heart disease is the number one killer in the United States. Prevention is always better than the alternative.) We can always tell if we missed a day. We just feel better and are more alert when we take them.

Patrick F.

About three years ago, I was involved in a bad road accident. When I was rolled into the emergency room of the hospital my left leg was broken in two pieces at my ankle. The past three years have been very difficult for me. I was operated on six times. I have not been able to walk more than 300 meters and that too was at a very slow pace. The doctors gave me pain killers and told me it was my fate for life and that I should learn to accept my disability and be ready for the worst as I age. I was feeling very discouraged.

Then my cousin introduced me to Transfer Factor Plus. It was to

build up my immune system against the occasional fever or flu. I started taking it according to the label directions. Neither of us thought that it would help beyond that. Little did we know that it would start changing the fate of my life. I felt the first healing feeling in my ankle about ten days after starting Transfer Factor Plus. It's been like a miracle to me. It is healing my ankle. Two weeks ago I went for a jog with my wife and daughter. Nothing smelled sweeter than the breeze that was blowing in my face as I picked up the pace and started to run.

As I thanked God, I said a little prayer to bless the people who made Transfer Factor available to me today. Since taking Transfer Factor, I can feel the sense of healing that keeps happening from within me. It's a feeling totally different than the feeling I get from medications.

Gums and Teeth

Connie C.

Every time I get my teeth cleaned, my gums bleed terribly. About four months ago, my dental hygienist told me to come every four months instead of every six months because of the bleeding. Well, I went in a couple of weeks ago for my teeth to be cleaned and it was a new dental hygienist. He looked at my records and he saw how my gums bleed. So he proceeded to clean my teeth and he said, "Well they aren't bleeding. So he continued to clean, and when he started on the other side. I said, "Well, it's really going to bleed over here." He said, "Well I'm not getting any bleeding." So all through the cleaning, I didn't bleed. This is very unusual because I always, for years, just bled terribly with my gums. The only thing I know that's different is I'm taking Transfer Factor and Transfer Factor Plus. That's the only thing different I've taken all these years. It's just so amazing! I'm so happy!

Susan S.

About 15 years ago one of my back teeth became loose. My dentist told me at that time that I had significant bone loss in my jaw which caused pockets. I didn't want to have the tooth removed, so I struggled for about 10 years to save it. I used hydrogen peroxide

with a water pick, echinacea, goldenseal, and just about every other supplement you could name, but I still had a constant low grade infection around the tooth from bacteria collecting under the tooth, resulting in about 6 abscesses a year and a dull, throbbing pain most of the time. Finally about 5 years ago, I had to have the tooth removed. The infections had begun moving back and forth from my tooth to my sinuses. I never seemed to be free of infection. Almost immediately after losing that tooth, the tooth next to it became loose and the same thing started happening only it was deteriorating much faster. My dentist was again suggesting removing this tooth and I was now also being treated for periodontal disease. I was experiencing severe sinus infections, tooth abscesses, and infections in my right ear. I was really miserable. Then I started on Transfer Factor. Within one day I could tell the difference and within seven days the infection in my ear and sinuses was cleared up and my tooth felt much better. Most of the pain was gone. Within six weeks the tooth was so tight that I couldn't wiggle it with my fingers. Currently my sinuses and my ear are completely healed and I can chew on the right side of my mouth again after 15 years. All the periodontal problems are also cleared up.

Carmen P.

I was sick for many years, and I know herbs helped me to get back to life. My immune system was still down, and I had a severe infection in my gums that I could never get rid of. I heard two people talking about Transfer Factor. It interested me, but I didn't think any more about it until one of them called and we were talking about it. Then another called me, and that's when I really got interested. I listened to the 800-number, then I called her back and said I wanted to get Transfer Factor for myself. When my product came in, I took five that afternoon, then I took two more that night before I went to bed. Well, the next day I took five and two, but I had already begun to feel better. The third day my gum infection was gone. I will not be without my Transfer Factor!!

Dale B.

I've been dealing with an infection in my gums for the past fifteen to twenty years. I've been taking all different kinds of herbs, vitamins, minerals and nothing has ever helped. I've always, brushed my

teeth three or four times a day and go to the dentist regularly. One day in my dentist's office he took an x-ray and he said there was a little black spot above the tooth. We were going to have to pull the tooth in order to get rid of the infection. I didn't like that idea, but I did what he said and they pulled the tooth. The infection didn't go away. He had to do a root canal to the tooth right next to that one. The infection still didn't go away. My dentist sent me to a specialist about five years ago. The specialist told me he was going to have to cut the skin on the roof of my mouth and sew it to the gums to hold the gums down to my cheek. I said, "Well, what's the success rate?" He told me about 50/50. I said, "No thank you, I've been through enough pain and suffering. I'm not interested." So I just continued to do my normal thing hoping that someday the infection would go away. Somebody told me about Transfer Factor and many of the great successes people have had with it, so I decided to go ahead and try it myself. I was taking three Transfer Factor capsules a day and two Transfer Factor Plus a day. About two weeks later when I was brushing my teeth, I noticed something significant. Something was different. I quickly brushed my teeth, lifted up my lip and took a look. There was new life in my gums. They were pink again, but not only that, the most exciting part was there was new growth. The skin, the receding gums were growing back. I've been watching it now on a weekly basis, new growth continues. I'm just so excited! It's just been phenomenal to see that. I said to my wife, "Hon, you'd better hurry up and get the camera because no one is going to believe this. I'm going to need a before and after picture. And I did that. So I have a before picture and I just continue to watch it. It's just been awesome!

Barbara W.

Indeed I have some challenges. Coming back from India seven years ago, I had a lot of challenges with my health because I got bugged with a bacterial disease, but that's seven years ago and my immune system never recovered. In January this year, I got a tooth infection and saw my dentist. When he told me to take antibiotics, I refused and instead I increased the dosage of Transfer Factor Plus to five capsules three times a day. One week later I saw my dentist and he told me there was no infection. He was very astonished! This created, of course, curiosity in his office and so the receptionist, Shirley,

who had asthma for sixteen years, said she would like to get the products right away. She started using the product and got off prednisone. Within a week she reported that she felt much better and could breathe for the first time. She's also off Ecolide. I thank Bonnie T. from my heart, who introduced me to the product and the doctors who support us.

Hepatitis C

Gary P.

In 1995 our son Jesse found that he had Hepatitis C. He took Interferon for 8 months in 1996. It was a very hard experience, very hard for everybody. It was very extensive and there were many side effects. His viral count, when he found out that he had Hepatitis C was 750,000. When he took Interferon after about 4 or 5 months, it got down to 37,000, but then it began to go back up. The last PCR viral test that he had, while he was still taking Interferon, was 195,000. There was no need to continue with the Interferon at that point because his viral count was going up. His doctor said that it would just continue to go up, that the treatment had only slowed it down temporarily. Last year, 1999, he began to just feel really, really bad. Far worse than he did when he first discovered he had it. He was sick all the time, no energy and a lot of problems.

I had known about Transfer Factor, but thinking that it was just another nutritional supplement, just another vitamin, I did not realize the significance of it. I had heard that it was helpful with Hepatitis C, so I decided that he didn't have anything to lose. He was going downhill very fast. He was very, very sick. When he started using Transfer Factor Plus immediately, I mean really immediately, he began to feel better. In the first week he took 6 of Transfer Factor and 6 of Transfer Factor Plus. He had a healing crisis and went back to 3 of each and that is about what he has been on since the last day of January. Two weeks ago, he went to the doctor to get another PCR, and his viral count was 19,000. That, we felt, was just incredible. We don't know what his viral count was when he started, but it must have been very high for him to have been so sick. He talked to his doctor last night and he said continue what he was doing. He wasn't a complete believer in it, however he could not

deny that there was something there. At the time that he was so sick, we did not have health insurance. It was just a terrible thing. We were in really bad shape. Now it's like our son has his life back.

Philys B.

In 1995 I got sick and got the flu. I thought it was the flu, I went to the doctor and it wasn't. It was Hepatitis C, which is a viral disease that attacks and destroys the liver. Well at the point he told me, I only had about ten years to live. I started to treat myself with herbs and vitamins and all this other kind of stuff. In 1997 I got really ill and it started to affect my pancreas, my spleen, everything. I was just totally shutting down. Then I sought out another doctor and he put me on Interferon and Ribavirin. I was on this for seventeen months. They did blood work, it's called an HCV R&A, periodically through the treatment. My enzymes and my R&A weren't coming down. I was on Transfer Factor for one month, I took it three times a day for one month. I had my blood work done before and I had my blood work done afterwards and it has gone down half. So I'm really, really excited and I continue to use Transfer Factor. I'm going to just spread it to everybody that I know, because it's literally saving my life! Lab work just does not lie; your blood will not lie. So I'm really excited about Transfer Factor!

Miscellaneous

Rusty and Charmein C.

My wife has had CMV, precancer of the cervix and as well would get the flus and sore throats that would go around. She faithfully takes Transfer Factor Plus as recommended on the bottle. Since starting this about 3 years ago, other than the slight now rare cold or sore throat, she is never sick! When she feels anything coming on she just bumps up the dosage!

Barbara W.

I am 61 years old and have been experiencing problems with macular degeneration for the past 3 years. Three years ago I could not read the STOP on a stop sign! I'd lost part of the color recognition (yellow) and had a large declared area-center vision. There was good

progress with the help of a nutritional program (SB green algae, Q10, enzymes Probiotics). Since beginning TF, TF+ in Feb of this year, there has been considerable improvement – less light sensitive, no pain in the sunlight, color is returning. I can read fine print with this eye – still distorted though. I am delighted with this progress and will keep you posted.

I take 3 TF per day, 3 TF+ per day, 2 Choice 50 per day, and CoQ10. Night driving no longer hurts my eyes.

Ray M.

I had started last year getting, I guess from swimming in the pool, an infection in my ear-swimmer's ear, where it would swell up and get a nasty infection. The last time I had it I didn't want to go for the antibiotics, so I started taking a lot more vitamin C. It didn't go away, it got worse. I tried the vitamin C about 4 days, and then I went out and got some goldenseal and echinacea and started taking that, I mean 2,3, or 4 grams a day of each. It didn't go away. Another 3 or 4 days and finally I gave in saying, "Well, I better go get the antibiotics." I went and got the antibiotics, a brand new kind, and in 4 days the infection cleared up. It took 2 weeks for the whole thing to run its course which surprised me because I thought the vitamins and herbs could clear it up. The doctor told me this type of infection is pretty bad. Tuesday of last week the ear ache started again, but it came on much faster. Last time it just kind of built up over a period of days. This time it was actually sore to the touch, that's how infected it was. I was taking a maintenance dose of Transfer Factor because we're ready to order some more and the whole family was taking it I said, "Oh no, this is not supposed to happen. I'm taking the Transfer Factor." I was kind of down about the whole thing. So I said, well let me take some more of it and just really see what happens. So I took 10 Transfer Factors, four hours later I took 4, four hours later I took another 4. This was at night, and I usually go to bed pretty late. I didn't really think too much of it, I was kind of bummed out. I was dreading going on the plane with a sore ear because of the pressure. I woke up Wednesday morning and the infection was 90% gone. I mean it was there just slightly, nothing like the night before, and through the day it just disappeared. By the next day it was completely gone. Having this same infection last year and having it take two weeks to clear up and hav-

"Doctors had no idea how to cure it!"

My wife went to a dentist after our 2nd child was born and had 12 fillings, a couple of crowns and I think a root canal. Talk about stress! Almost immediately her mouth started to burn and break out with terrible lesions. It was extremely painful. Doctors had no idea what caused it or how to cure it. We live in southern California and believe me she went to the best. It got so bad, they didn't want to see her. Depressing for them because of no answers and very depressing for her because there seemed to be no hope for relief from the terrible pain. This stuff would go clear through her system and just devastate her. There were times when she would come home from work and immediately upon seeing me she'd collapse in tears. Lips inside and out, tongue swollen with lesions, everything in the mouth unbearable. 1967 to 1998: These flair ups happened at least once a month, and they never lasted less than two weeks. She is a court reporter, a very stressful position, criminal court most of the time.

Then came July 1998 and Transfer Factor! She has had maybe four or five breakouts in 13 or 14 months. Instead of the extreme pain and the two week duration minimum, no pain and usually two or three day duration. She has threatened to divorce me if I don't maintain her supply! That would be terrible after almost 37 years of marriage! – Keith M.

ing the doctor tell me, "Yeah, those things are nasty, sometimes they come back and they take awhile to clear up." I didn't do anything else different because I didn't even wait to start taking more vitamin C. I just went up and took 10 Transfer Factors, four hours later took another 4, and it went away. I was amazed. I was totally amazed. So I am a believer.

Patricia B.

I am really impressed with Transfer Factor. I had a bad case of food poisoning recently and it left me exhausted with headaches, swollen glands and nausea and, to be blunt, my immune system was

just devastated. Unfortunately I didn't know about Transfer Factor at the time. But thanks to this marvelous product, within a few days the glands were down to normal, the headaches were gone, and within one week I felt a lot stronger and healthier, and if you can't tell by my voice, I am a very healthy lady tonight. After I had recovered I decided to take a hard look as a networker at the opportunity and what I found was we had an exclusive product with international patents, science for once to back up these products, the safety factors, the top medical doctors endorsing it; ladies and gentlemen, these products and our doctors are just phenomenal.

Mark F.

I was an active athlete my whole life, but then I had 3 surgeries. I started having a lot of problems after the third one and wasn't able to exercise, wasn't able to do anything. Recently I was diagnosed with degenerative disc disease and there's no real cure for it. There's a lot of people that have different ideas but right now I'm stuck with no solution. My mother turned me onto Transfer Factor, and this was before I even got in the business, and said, "Well, why don't you try this." So I tried it, this was on a Wednesday. On Friday my wife had asked me something, I turned my head and all of a sudden said, "Oh my, I can turn my head." Almost twice as much as I could before and then my back was much more supple. I was able to bend over, touch my toes. It was miraculous, I don't even know how to describe it. With that and my general health, it's unbelievable what a remarkable product this is. So just a few days ago I became a distributor and I'm really excited about it.

Sue H.

I was diagnosed with critically high liver enzymes around June 15 and told that I had viral hepatitis and I'll admit to you, that was quite scary. I've never been told I had anything wrong with my liver before and I just really didn't know where I was headed. So the very next week we ran the liver tests again and they were back to normal. That was quite a relief but the doctor said there was only one thing that could cause this and that was Epstein Barr virus. More blood work was determined and that showed that I really had Epstein Barr virus and a touch of mononucleosis. Both of these things they tell us can cause chronic fatigue syndrome; however, my chronic fatigue

syndrome was rather short lived. I received a fax one day while I was being a couch potato and I called the number for more information. When this fax came in and I looked at it I could hardly believe my eyes. So considering where I was at the time I really paid close attention to it. I got this wonderful lady that you just met, Patty B., and she returned my call and told me all about Transfer Factor. I was very excited to hear about Transfer Factor because I was already aware of colostrum and the many benefits that it affords us, so my hopes rather soared. I began taking four Transfer Factors 4 times a day because I knew colostrum couldn't hurt me. In a couple of weeks I gradually began to return to a normal schedule. Two bottles of Transfer Factor had me 3/4 of the way back to normal. I backed off to like 4-6 Transfer Factors a day and I kept improving every day, and I really think that 3 bottles of Transfer Factor brought me back to where I was before all of this started in June. But then while I was gathering my notes for this awhile ago I told John, my husband, I said, "You know babe, I haven't been running that degree of temperature that I've ran for like 2 or 3 years before all of this ever even started." I'm really glad I was invited to tell my little story about chronic fatigue syndrome here tonight because it made me stop and think that I've really been blessed a lot more than I even thought I had because my fever is gone. I'm not having this low grade temperature anymore, so I'm really feeling a whole lot better and I'm very proud to know about Transfer Factor. I'm very proud to be associated with Transfer Factor and all the great people that I work with every day.

S. D.

We have been involved in natural nutrition for many years and have benefited from many great products. But, due to work stress, age, diabetes, my husband's sugar began to be more of a problem. The natural products he has taken for years were not sufficient and adding more prescription medication only made him gain weight and created more problems. His employment was going into a period of high stress and overtime which normally lasts two to three months. He did not know how he would handle it.

Then, would you believe, he was bitten by an infected tick and got "tick fever." (Here in Missouri they say we officially do not have Lyme Disease...ha...we will call it "tick fever.") He was on two or

three rounds of powerful antibiotics. His sugar and blood pressure were hard to control because of it all. He missed a week and a half of work at a critical time and forced himself to go back to work.

Then the lymph node going down to the leg became blocked and infection spread like lighting and went down his leg. Infection went into his blood stream throughout his entire body, which is extremely dangerous. He had about a week of intravenous antibiotics and then he went on double doses of oral antibiotics. He forced himself to go back to work again and had to add another antibiotic on top of what he was taking. Don't forget the "tick fever" was still there!

He was taking every natural supplement you can imagine along with the antibiotic. Our doctor knows we supplement with these and share the information with him. These supplements probably were the reason he was able to go back to work.

Our friend gave us a bottle of Transfer Factor for him to try. We decided to make the plunge with it because we trusted her. We also knew other individuals associated with the company and were familiar with their research and products from the past.

Three days after starting the TF Plus, Cardio TF, and the RiteStart Men's product, he could feel the difference. After a week he looked better. It has now been three weeks and he is almost back to his normal self. He is working 12 hours a night, 6 nights a week. He said, "I feel my normal 'overtime tired'....not the 'dead tired' I was feeling before." His sugar and blood pressure are back to a normal range, taking his normal supplements and medication. He now has hopes of getting off all medication for his diabetes, using the Transfer Factor products.

There are many wonderful natural products available today. But something about Transfer Factor was exactly what his immune system needed in this super crisis, while other products were not able to get past the hurdle. You can only shutter at what all the antibiotics were doing to his immune system. Thank heaven for Transfer Factor!

Multiple Sclerosis

Wendy B.

My name is Wendy; I am 33 years old. Three years ago I was diagnosed with multiple sclerosis and my neurologist quickly recom-

"I'm doing just great!"

I have fibromyalgia and MS. I have been in lots of pain for years. It started with migraines when I was younger and then I had polio when I was 28. From that time on, the pain and chronic migraines just got worse. Finally last year I ended up in bed and felt like I was a piece of cooked spaghetti because I just lost all my strength from my neck down. I couldn't walk or function. I had used a lot of herbs. I had been to a lot of doctors and had used alternative remedies for years. Then I had a friend that talked me into using Transfer Factor. I started out with four or five a day and worked up to eight. Then Dr. Robertson told me that I needed to get on ten or more a day.

I started out by feeling a little bit more strength if I lay in bed. I'd get a little bit stronger. I noticed I could at least get up with a cane or something like that for a little bit of time. Little by little I got stronger and then I had more time between my episodes. Finally after about two and a half months on the product, I got feeling really, really good and didn't have a lot of episodes until I went outside and started pulling weeds. That knocked me down again for a day. I have been using at least eight Transfer Factor capsules a day and for the pain I've been using the Fibro AMJ, which has just been fantastic. Whenever I start feeling the pain come on, I use that. I take two in the morning and two in the afternoon and then whatever else I need. The Fibro AMJ nighttime, I use that and it has helped me to sleep because otherwise my left side would hurt, my legs would twitch, or whatever. It has been just fantastic!

After the TF Plus came out, I decided to try that and I had a little bit more cleansing go on, so I backed off and I tried it again. I guess it must have been getting some other bacteria and things that I didn't get before, but it is just fantastic. I am still using both the Transfer Factor and the TF Plus. I'm just doing great! In fact I'm out jumping on the trampoline with the grandkids sometimes. I do have to watch it a little bit and get some rest. But I've never been down like I was last year. It's just been fantastic. I've been able to work this business now and it's just fun! — Sue H.

mended several of the drugs to put me on to help deal with my multiple sclerosis. The problem is that the drugs have, for the most part, side effects that were worse than the way I felt daily. I may not have any improvement for over a year even though enduring with those side effects. I've always tried to take an active role in my own health, so I've always kept an open mind to any herbs that were available. I went on the net and found everything I could. I have a friend who is very active in many different herbs and she introduced me to transfer factor around five years ago.

Prior to finding Transfer Factor, I was taking over 30 pills a day of another herb that was making me feel better, but still it just seemed like I could get more. When I found out about what Transfer Factor was and since I knew about colostrums and milk, as I breast fed both of my children, I was intrigued and very, very interested in the product. I was also very pleased, because with my multiple sclerosis I have difficulty swallowing. The pills are very small. When I was taking those other herbs there was what I call "horse pills" in there that I would have to take one at a time, otherwise I would have a gag reflex. It was quite stressful, actually, to be taking that many pills every day and gagging on them. Transfer Factor pills were very easy to swallow, so I took them and in a very short time, I would say probably two weeks, my health physically and mentally felt better than it had felt in over three years. It was wonderful!

Skin Care

Ace P.

I've had a chronic ulcer problem on the bottom of my right foot for about 9 years. Eleven weeks ago I had an operation on my foot. The foot was infected with osteomyelitis. I spent about 9 days in the hospital, 6 weeks in a nursing care facility, receiving heavy antibiotics around the clock. All during this time, my wife brought in my TF and TF+. I took 6 TF capsules and 6 TF+ capsules every day. I'm still taking that amount. I've been home about 4 weeks. My complexion is rosy. In the past my skin color would have been a gray color from the strong antibiotic. My wound is getting very small and healing every day where in the past operations the improvements

have been slower. My energy level is excellent. I get around on 2 crutches to keep the pressure off the ulcer and wear a special boot. Saturday I sat on a bench and dug holes for 2 bushes for my wife's planting. Yesterday I painted the dry wall in the garage using a long handled paint roller while sitting on the bench the whole time. I know I would not be this far along in the healing process if it were not for TF and TF+.

The other concern that the doctor and I have is once I get off the antibiotics whether there will be any of the osteomyelitis on my left foot because there's a chance of infection. Therefore I will continue on TF and TF+ for a long time to build up and keep my immune system strong. Thank goodness for TF and TF+!

Sue B.

My son, who is a 20 year-old mechanic, was at work one day and a radiator blew up in his face. By the time I went to pick him up, they had run a cold shower on him and the skin was peeling off his face. We went to an emergency care facility and they gave him pain pills and told him to put ice and Silvadene cream on it.

I came home and I said, "Okay, Tyson, we are going to try Transfer Factor. You're going to give me ten minutes. You can handle ten minutes worth of pain." I mixed the Transfer Factor in the cream, applied it to all of the burns, and within four minutes of application the pain was totally gone. That was amazing enough by itself.

That night he slept through the night and went back to work the next morning. He came home at noon and you could start seeing signs of infection. The open wounds were weeping, and I couldn't keep the cream on him. Out of desperation I laid him on the floor, opened up the capsules of powder and applied them right to all the open wounds. Within four hours of doing that, his face was 100% improved. The signs of the infection were diminishing; the weeping sores were going away. We did the same thing that night. We put two Transfer Factor capsules all over every part of his burned face.

The next morning he woke up, came down the stairs with a big grin on his face, and he said, "Mom, you are not going to believe my face." I looked at him and there wasn't an open sore. Tuesday night was the burn; Friday night he went on a date, Saturday he went water skiing and you could barely see that he had been burned. That

should have been a minimum of three weeks recovery with scabbing and infections, but it only took about four days with Transfer Factor.

Pat T.

I feel the best I've ever felt. I'm taking so many different things, the hormones and the BioGenistein Plus, the FemPro. But the Transfer Factor, I applied it topically one week, and I had such amazing results. I had a burn on my arm. I dropped a curling iron on the inside of my arm and after three days, it was so infected it had a huge red ring around it. I heard the Tuesday night conference call where somebody had applied Transfer Factor to a burn, so I thought I would try it. I put the Transfer Factor with some water, and the next day it had a little scab on it.

I thought, "Well, maybe it would help the spots on my face." I had two spots on my face that looked like they were pre-cancerous, they hurt to touch; one was red, one was sort of grayish brown. They'd been there about six months. Well, I put water on it, then I dotted the Transfer Factor on there, which makes a crusty film. The next day I didn't pay attention, I just left it on there. I don't know if it peeled off or what, but I looked in the mirror that afternoon and they weren't there anymore. I couldn't even figure out where they were. I don't know what happened to them. Then I thought well, maybe it will help my wart. I had a wart on the top of my hand. I put it on. In three days, the wart was gone. I couldn't believe it! So it works really well topically.

Katie B.

I sincerely feel that Transfer Factor has changed my life. One of the most amazing things that I have had with the Transfer Factor is using it not only internally, but the topical results that I've had. I do food demonstrations a great deal and I had worn and broken a terrible blister on my finger. I came home after doing about 1500 ice cream cones in a eight hour period. When I got home, I could hardly move my hand. I went into the bathroom, wet my finger, put the stuff from two different capsules of the Transfer Factor on my finger, wrapped up, put the band-aids on and because I was so exhausted, went directly to bed.

When I got up in the morning that blister was healed, all the red-

ness was gone and my hand was ok. I think that is just such an amazing thing! I've used it several times because if I do a lot of cooking, I seem to gouge myself or cut my fingers and things. I've been using it that way, topically. I have heard of people using the Transfer Factor powder out of the capsules with Vitamin E and Aloe and putting them together. So I am fixing up a little container of that to have and I think this is going to be something that is going to help all of us with the healing part of it. One of the biggest things too that I have is I work and keep a hectic pace in my life. I spend an awful lot of hours working, plus I cook at my church. I have just had amazing energy with all these wonderful products. I'm taking NutraCell and I am losing some more weight on the NutraLeane.

I'm taking the vitamins, which is helping my (macular) degeneration. My eyes, I don't suppose will ever be perfect again, but it has slowed it down, and it is not getting bad as quickly as it was. It used to be when I would drive down the road, the telephone poles looked like they had a wave in them. They are now straight again, for which I am awfully grateful. I think that this is just a wonderful product and a wonderful opportunity. I just thank God each and every day for everybody involved with Transfer Factor and other products.

Kathy J.

I have suffered with psoriasis, eczema, whatever you want to call it. The Mayo Clinic doctors had several names for it, but only one answer. There is no cure and I need to avoid the stresses that cause the breakouts.

I have been on TF+ since Jan. 2001 and am almost symptom free now. I started with 6 TF+ a day for one month. Then I went to 4 TF+ a day. I decided to try the Rite Start for Women. So presently I take the Rite Start and 2 TF+ per day. I will also use TF Renewal on some of the lesions I have. This has really helped to heal my skin rash.

Fred the Fish

Fred's Testimony – as told by owner Joyce Z.

Before I went to a convention this August 2002, I noticed my little (beta) fish Fred was showing signs of dying. I had seen this happen before with other fish I had. I have had several of the "Eco-System Vases." This is where the fish eats off the plants' roots in a large vase filled with water, which then contains nutrients for plant growth.

The signs of death are typical – can't swim to the top without struggling – eventually they just waste away. I decided to experiment by taking some Transfer Factor (4-5 capsules), letting it out of the capsule – exposing it to a little air and water to make it hard. I then chipped a little of it off and found the fish was eating it as it floated on the water or made its way to the bottom of the vase.

When I returned from convention a week later, Fred was still alive! I really hadn't seen this before! I continued to give him Transfer Factor for 2 weeks on a regular basis. Today Fred is "alive and well" although it's hard to examine a fish much except for what I see – outside the fish bowl. I definitely give Transfer Factor credit for keeping Fred swimming.

