

The Transfer Factor

CHRONICLES

INDIVIDUAL ACCOUNTS WITH TRANSFER FACTOR



VOLUME II

Samples from personal accounts regarding Transfer Factor:

"Transfer Factor Cardio has made it a lot easier to keep up with the younger guys." see page 6

"This product is amazing! If she doesn't have it just for a few days, she is lost. I realize it is not a cure, but it is nice to have my wife somewhat alert as long as possible." see page 37

"When I started taking Transfer Factor Cardio, the last thing I was expecting was for the pain in my knees to go away, but within two weeks it was completely gone and has not returned." see page 7

"I happened to win a bottle of Transfer Factor Cardio in a raffle. What happened after that has had a profound effect on my life." see page 10

"Our nine-year-old son was a very slow learner and has always had problems with hyperactivity and mood swings. Since taking these products, he has definitely become more self assured, has had more friends and enjoys school." see page 41

"I believe very strongly that the combination of Transfer Factor and Transfer Factor Cardio did its job. It's helping me overcome my physical problems." see page 15

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TRANSFER FACTOR CHRONICLES II

Individual Accounts with Transfer Factor

BOOK 2:

Compiled and edited by
Roberta Hennen

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Dedication

A. Robert and Betty Peterson Anderson
Arthur and Dorothea Anderson Stone

Acknowledgements

As with any publication, it is never the work of one person. There are many who contributed to the compilation of this book. Genuine thanks are expressed to all those shared their experiences that we might all benefit.

Forward

In my many years of medical practice, I have never come across any pharmaceutical or nutraceutical product like Transfer Factor, which helps people to get well and stay healthy.

Because my friends and relatives are getting positive results from Transfer Factor products, I have committed myself to share it with everyone everywhere. Most people do not realize that they can enhance their immune system by taking Transfer Factor. I feel very strongly that everyone needs Transfer Factor for their health and encourage you to join me on this exciting mission to reduce the suffering of our fellow human beings.

Benny F. M.D.

Cardiovascular Health

Except for 1918, the year of the great flu epidemic, heart disease has been the number one killer in the United States for over a century.¹ First Lady Laura Bush has made cardiovascular disease awareness a personal priority:

"Many [women] believe that cancer is their greatest concern, yet heart disease kills more women in our country than all forms of cancer combined."

Heart disease is not just an old person's disease. In the summer of 2002 Darryl Kyle a 33-year-old professional baseball pitcher died in his sleep. The autopsy showed that he had 80% to 90% narrowing of two of the three coronary arteries. As important as exercise is, it is clearly not the entire answer. A scientific study found that every 15-year-old already had plaque build up!² The obvious conclusion was that cardiovascular disease was starting in childhood.

In the United States cardiovascular disease caused a total of \$351.8 billion in 2003.³ This is an enormous financial burden and does not take into account the inestimable costs in terms of the loss of quality of life. The costs of cancer, cardiovascular disease, and Alzheimer's disease dominate Medicare expenditures. Under current law, Medicare's hospital insurance trust fund will be exhausted in 2019, seven years earlier than forecasted last year.⁴ The rapid rise in these costs has prompted Federal Reserve Chairman Alan Greenspan to call for delaying and limiting retirement benefits.⁵ The hard economics of health has even led to publication of such books as *What's Your Life Worth? Health Care Rationing... Who Lives? Who Dies? And Who Decides?*⁶

The decisions we make now may determine whether we have choices later. So what can we do? Recent advances in our understanding of cardiovascular health have firmly established that chronic inflammation leads to cardiovascular disease. Infections and especially the cumulative infectious burden of a lifetime are linked to inflammation and cardiovascular disease.

The efficiency of our immune systems will, to a large degree, determine our cardiovascular health. The role of transfer factor in strengthening and supporting cardiovascular health is illustrated in the following personal reports. Nutritionally supporting our cardiovascular system with a combination of transfer factor and other key ingredients is something we can do to help insure a long and healthy life.

Andrew L.

I had become a big believer in Transfer Factor through the positive effects that it has had on my children. I have taken the RiteStart pack for men with good results. When the Transfer Factor Cardio came out and my wife wanted me to take that as well, I wasn't so sure that I needed it. However I was sure she was going to bring it up every day until I did, so I started taking it, 4 a day. It has been well worth it to me to take those 4 extra capsules daily. I have not been as consistent with my workouts as I was in the past. I am what you could call a weekend ball night warrior; this can be very hard on your body. But in the last 2 months, I have noticed a change in how I feel not only when I am playing ball, but also the day after. I have less shortness of breath. I feel like I am playing like I was in my early 20's, when I had the time to play everyday. My knees hurt less and the stiffness in my back is gone. Transfer Factor Cardio has made it a lot easier to keep up with the younger guys.

Benny F.

My mum is 89 years young and suffers from ischemic heart disease and congestive cardiac failure. Her main complaints were severe shortness of breath from mild exertion and coughing. She had to be wheeled around whenever we took her for an outing. I took two bottles of Transfer Factor Cardio home to Australia in August 2002 and started my mum on 2 capsules twice a day. After only three weeks she noticed some improvement in her breathing. After only 5 weeks she gave us

the 'thumbs up' saying the new capsules we brought back were #1. She was able to walk further with much less shortness of breath.

In mid-October after taking Transfer Factor Cardio for about seven weeks, we took Mum to Werribee Zoo and brought the wheel chair along for her to use. After a short journey in the wheel chair, she decided to walk by herself. We tried to dissuade her and told her that the walk would be too much for her heart. She insisted, and so we relented and let her push the wheelchair around the zoo. She completed the walk around the zoo with no shortness of breath!

She has derived other benefits from taking Transfer Factor Cardio, both her appetite and weight have increased! We are extremely happy Transfer Factor Cardio has helped her. We strongly recommend Transfer Factor Cardio for anyone with cardiovascular problems.

Bob S.

For the last 5 years I have had pain in my knees whenever I tried to get active to even just walk around. My doctor had basically told me this was a result of getting older. I started to believe that I was going to have to live with this for the rest of my life. When I started taking Transfer Factor Cardio, the last thing I was expecting was for the pain in my knees to go away, but within two weeks it was completely gone and has not returned. I am very happy with this unusual side effect.

Dale F.

For the past two years, I have suffered from high blood pressure. But my story does not start there; I was in 2 serious car accidents. The lasting effects of those accidents took away an important part of my life, the part of my life that allowed me to workout and be an active person. I went from working out 5 times a week and feeling great to not even being able to stand for long periods of time and feeling awful. My sleep became irregular and then lack of energy and severe headaches set in. I was falling into a negative state of mind. Then two of our businesses fell apart and my wife's Grave's Disease setting

in hard nearly sent us into a state of despair.

One phone call changed all that. A friend called and when I told him how sick Carol had become, his only comment was, "Why isn't she on Transfer Factor?" "Would it help?" The answer was an overwhelming yes, and a week later we were believers. The change in Carol was immediate and wonderful. I was so happy with her results, but still failed to see the need for myself.

Remember the high blood pressure I noted at the beginning? It was 155/88 with an average pulse of 81. I have a family history of heart disease. My father died of a heart attack at age 67, so my blood pressure has always been a concern. About six months ago I started taking 4 Transfer Factor Cardio daily, when I remembered to take it, which was not every day. After two months I noticed that I was sleeping much deeper, getting up only once a night compared to the 3 to 4 times earlier. My headaches were all but gone. I was noticing that effects from the car accidents were slowing going away. Then about one month ago I decided to get serious about the product and my health. I started taking 4 to 8 a day everyday. I really started to see and feel the changes. I can workout again, Carol and I either go to the gym everyday or walk 3 to 5 miles daily. Carol swears that my hearing and memory are better, not to mention that I am much more relaxed and fun to be around.

Dennis L

In 1983 I had triple bypass surgery at age 44. The heart damage was primarily caused by stress and alcohol abuse (ex-drunk, recovering alcoholic). Until 1999 I had no ensuing problems. Then in 1999 I had to undergo an angioplasty operation which was successful.

This past winter (2002) I was plagued with a chronic and severe upper respiratory infection. Some heart damage was detected when I finally yielded and sought traditional medical help. The diagnosis was cardiomyopathy and an angiogram was suggested. I had shortness of breath, no energy and little stamina. I was introduced to Transfer Factor Cardio and began

taking 4 capsules per day with almost immediate reduction of the symptoms. I increased to eight capsules per day and two days later I walked 9 holes of golf. I firmly believe the angioplasty procedure I insisted on postponing will NOT be necessary.

Greg A.

On April 1, 2003, I had a high cholesterol reading of 250mg/dl, even though I was taking 40 milligrams of Lipitor per day. I began taking 4 capsules a day of Transfer Factor Cardio; in ten days my total cholesterol reading was 230 mg/dl. By April 26, 2003, my total cholesterol reading had dropped to 217 mg/dl. I then lowered my Lipitor by fifty percent to 20 milligrams a day and increased the Transfer Factor Cardio to eight capsules a day. (4 in the AM and 4 in the PM). On May 13, 2003 my cholesterol reading had dropped to 198!

I will continue to lower my Lipitor and see if I can get off of the drug. Needless to say, I am impressed with the product!

Henry B.

I have had lung and heart problems for the last 5 years. They have mainly manifested themselves through breathing difficulty. In early 2003 I had double pneumonia. The cough and chest pain were almost unbearable. At this time my wonderful wife Anna May started me on the Transfer Factor products. After two weeks on 3 Transfer Factor and 4 Transfer Factor Cardio daily, I went for a follow up lung x-ray. It came back clear and healthy. I also have a Cystic Fibrosis child. He is on Transfer Factor Plus and is doing fine. With the Lord's help, we will share this product with people and friends.

Jamie S.

In 1995 my car caught on fire and, as a result, I inhaled toxic fumes. This resulted in my health taking a severe turn for the worse. After five years of seeing multiple physicians, I was finally diagnosed with life threatening pulmonary fibrosis.

I could literally feel my heart getting sicker. I would end

up in the hospital 3 or 4 times a season, sometimes being sent home only to turn around and return due to another episode. I was put on breathing machines and was told to get my things in order. I was utilizing every type of alternative medicine that I knew of; at least I was staying alive. Then I started taking Transfer Factor.

The change was immediate! Within 14 days I was able to stop taking all of my medications, other than the blood pressure medication. I was able to quite taking that the next month. The only thing that did not seem to be improving was my heart rate. It was still elevated at around 99 beats per minute when I was resting! In September 2002 I started to take 4 Transfer Factor Cardio a day, I could feel the difference so much that it scared me. After 4 days I stopped taking it. Then I started to do my own research. I read all the materials on the product and looked into the ingredients on my own. I knew that it was a sound product. I began to take it again. This time I took it at night, and it has made all the difference. My resting heart rate dropped to 69 and my blood pressure came down from 156/96 to 120/78. I do not feel my heart anymore. Before Transfer Factor and Transfer Factor Cardio, I felt very old. Now I am 51 years young and am running circles around my 6 children and grandchildren. I always say Transfer Factor took me back to my 30's, but it took the Transfer Factor Cardio to take me back to my 20's. All of my family is taking Transfer Factor products now, and we are doing great! Thank you!

Judith B.

In September 2001 I suffered a bad fall in a parking lot, which damaged two discs in the cervical area of my spine. Surgery was the only option as the discs had been crushed and fragmented, causing the left side of my body to go numb. The surgery involved going through the throat area to reach and remove the discs and replace them with a titanium plate. Since then I had been taking Lorcet, a narcotic painkiller, for over a year, because I could not sleep without it. The pain was constant every day of my life.

On October 19, 2002, I attended a conference that changed

my life forever. I happened to win a bottle of Transfer Factor Cardio in a raffle. What happened after that has had a profound effect on my life.

I listened to Dr. R. talk on Transfer Factor Cardio with great interest. When I got home that day, I took two capsules. The next day the pain in my neck was gone! It was so unbelievable! I didn't tell my husband for two days because it seemed too good to be true. Weeks passed with no pain. I continue to take Transfer Factor Cardio, four a day as recommended on the bottle, and six regular Transfer Factor that I was taking previously. To all of a sudden be without pain is amazing; to have my life back is a miracle!

Ken W.

I suffered from a number of serious conditions. I had high blood pressure (average 175/130), high cholesterol, high triglycerides, and rheumatoid arthritis and was told by a doctor that I was in real danger of a stroke. I was on a ton of medicines. I was told about Transfer Factor and Transfer Factor Cardio by a friend, Wayne. Now after a few months, my blood pressure is down to a point that the doctor said he could live with that. My cholesterol level is down. My pain level is down. I can't remember when I had so much energy. I am now on much less medicine. I haven't done anything different, but take Transfer Factor Cardio and Transfer Factor.

Kerry T.

I have had high blood pressure that has had to be controlled with medication ever since 1996. My average blood pressure reading over the last several years has averaged at 140/90. I have also suffered from debilitating migraines - 3 to 4 times a week. If you have ever had a migraine, you can understand what a horrible effect this can have on not only your professional life, but also personal life.

In February of this year I started on Transfer Factor Cardio. For the first two months I took eight a day. After that time I was feeling better and felt confident that I could cut down the dose to 4 a day (bottle recommendation) and still keep up the

same results. I was right! My blood pressure has lowered to a much safer level of 127/70 (on average) and miracle of miracles, I was finally able to throw out my medication! As a happy side effect from the Transfer Factor Cardio, either because of something in it or because of no longer needing the blood pressure medication, my migraines have pretty much disappeared. I am only suffering from them about once ever 4 months now, a huge improvement from the previous 3 to 4 a week. I definitely feel better, have much less stress, and have a noticeable higher level of energy since starting Transfer Factor Cardio!

Linda M.

I have had high blood pressure for a number of years, 160/90. I was on medications because of it. Last fall it was high again due to work pressures and my mother's illness. My doctor got really agitated when I would not take their drug of choice. I told them that I heard of a new product I wanted to try, Transfer Factor Cardio. My doctor laughed and said he wanted to see me in two weeks. Well, the laugh was on him! In two weeks my blood pressure had dropped to 130/70!! Today with exercise, a low carb diet, and Transfer Factor Cardio, I am doing great! My doctor is happy with my results.

Manuel J.

During conversation I had with my son, Jose, I had discussed some of the health problems I have been experiencing with my heart and prostate. Jose invited us to attend a meeting where we were introduced to Transfer Factor Plus and Transfer Factor Cardio.

After suffering from cardiovascular problems and possible prostate cancer, this seemed like it could be the answer I was looking for. I experienced significant health improvements after taking Transfer Factor Plus 3 a day and Transfer Factor Cardio 6 a day for two weeks. My cholesterol was extremely high-243 to be exact. Nine days after continuously taking the products, I had it checked and it had dropped to 147! A 96 point drop!

My health continued to improve the next 3 months. In mid-February I had a biopsy completed on my prostate. The left side results came back normal, however, the right side showed early stages of cancer. The doctors asked me to return in five weeks for another biopsy. When I returned for the second biopsy, all results showed benign.

Later in March, I was scheduled for open-heart surgery to clear three blocked arteries. The surgery was set to take place on a Friday. When I went into the hospital on the Thursday prior to surgery, the cardiologist administered an angiogram for a final assessment. To the pleasant surprise of both the doctor and I, the doctor told me to go home and said, "Whatever it is you are doing, keep doing it because you do not need surgery. You are a healthy man." These products have saved me so much pain, not to mention the expense of surgery!

Marlyn S.

Before I started on 3 Transfer Factor daily I had constant sinus drainage along with pain and general discomfort below my rib cage from the front of my stomach all the way around my left side. Taking the Transfer Factor cleared up my sinus drainage within two weeks. The pain in my side started to numb a little, but did not completely leave until adding the Fibro AMJ and 4 Transfer Factor Cardio. I would have to say that within the week that I started using the Transfer Factor Cardio, it was totally cleared up! I am now happy to report that I am completely pain free!

Mary C.

My family has a history of my mother and three brothers all dying from heart attacks or strokes. For many years I have been told that since I have an irregular heartbeat, I too could drop dead from a heart attack or have a stroke.

In September 2002 when I had been taking Transfer Factor Cardio for just a short time, I could tell that I no longer had an irregular heartbeat. I cannot explain it, but I could just feel it. At my yearly exam I asked my doctor to check my heart, and to his surprise, I no longer had any signs of irregularity.

In September 2003 after checking my heart, he said that he was amazed and mentioned I have a very strong regular heart beat. Whatever I am doing seems to be working very well for me and that I should keep doing it. He doesn't need to see me until next year!

Patricia R.

I have been plagued with abnormal EKG's, high blood pressure, and extreme shortness of breath ever since 1966. Bearing this was only worsened by the fact that every time I was put on blood pressure medication, I would experience severe adverse reactions. My physician tried many different types and kinds of blood pressure medications, all with the same devastating results. I was starting to feel like the village lab rat. I think I hit one of my lowest points in the Summer/Fall 2002. I couldn't even walk 3 steps without being winded.

I started taking Transfer Factor Cardio in September 2002. I truly believe that this was the turning point in my health. Knowing how sick I was and the state of my body, I started out taking 12 Transfer Factor Cardio a day for the first three weeks. I could feel the difference after just three days. In three weeks time, I felt like a new person! I then went to the recommended amount of taking four a day; I am also taking two Transfer Factor Plus a day. In that first month my blood pressure went from 190/115 to 132/70. I also went from being winded after only three steps to feeling like a totally normal person today.

I cannot tell you what this change in my life has meant to me. I did not have to go in for the catheterization I was scheduled for. My chest pains are gone. My pharmacist did extensive research on our product and could not find anything wrong with the product or any of the included ingredients. I have even been able to discuss it with my cardiologist, because of the improvement I have shown.

Patrick R.

For many years, I've had Grave's Disease. This affected my eyes by putting pressure on them and causing the eyes to

bulge. My blood pressure was also high. In 2002 I was diagnosed with an irregular heartbeat. I've been taking 3 Transfer Factor a day for about a year. In January 2002 I started taking 4 Transfer Factor Cardio a day. Since that time, I've had no problem or symptoms with any of my diseases. I believe very strongly that the combination of Transfer Factor and Transfer Factor Cardio did its job. It's helping me overcome my physical problems.

Phil P.

In December 2001 I was suffering with acute angina or pains in the heart. My cardiologist performed a cardiac catheterization and found three posterior coronary arteries blocked up to 80%. I was already having heart pain and if the blockage got any worse, I would need cardiac bypass surgery. I've been a medic for twenty-six years and I definitely didn't want anything that invasive! I started looking for something to help clear the arteries. In August of 2002 I started taking 4 capsules of Transfer Factor Cardio twice a day. Within about two or three weeks, a lot of the heart pain had gone away. I kept taking Transfer Factor Cardio and added three of the regular Transfer Factor also. In December 2002 I went back to the cardiologist who performed another catheterization. The cardiologist told me that the three arteries that were 75-80% blocked last year were only now 30 to 40% occluded. No surgery! The cardiologist was a little baffled because things like this aren't just supposed to happen. I feel that I've gotten my heart back! Being a medic for twenty-six years, I still have desire to help people and see things through. I don't care who you are, I would recommend that you go on these products.

Rhoda T.

In 1997 due to numbness and a constant pressure in my left arm and hand, I went to see my doctor where it was discovered that I have an enlargement of my left ventricle and high blood pressure. At that point my blood pressure was 158/91. My system doesn't handle medication well, so I started looking for an alternative approach.

At that time our company didn't have anything to offer, so you can imagine how thrilled I was to hear about Transfer Factor Cardio at the August 2002 convention. I started to take the product that very day. I took 8 a day for two weeks, then 6 a day for two more weeks and then went to the recommended 4 a day and that is what I continue to take now.

Within a month the pain and pressure in my left side was completely gone. I can breath easier. I don't feel that same strain that I use to. My blood pressure is now under control. My current reading has dropped to 118/80. We have also seen some improvement in the left ventricle.

My internist has told me to continue to take 4 Transfer Factor Cardio. I feel like this product has added years to my life! Not only that, it has helped me achieve a much higher quality of life.

Richard H.

I had read a number of articles indicating that inflammation was the root cause of heart attacks. On September 19, 2002, I had my first a C-reactive Protein test (CRP) done to measure the level of inflammation in my artery walls. My CRP reading was 3.22. My doctor was concerned and said that we should do another test in two months. I went back on November 26, 2002, and my reading was 7.93, with 8.7 being about the highest and worst one can have. This test showed I was at a very high risk of having a heart attack. One physician I shared this with, commented in front of a large audience, that if my CRP reading stayed at that level, I was virtually guaranteed to have a heart attack.

From the day I received my CRP test results to this day, I have taken 4 Transfer Factor Cardio daily. February 20, 2003, I had my CRP level checked again. In just four short months of taking Transfer Factor Cardio, I am now close to having the BEST level one could have, 1.1. The lowest and best reading on the chart is 1.0!

I was able to share my story at a meeting Dr. R. was attending. He explained to me and the rest of us that just as likely as I was to have a heart attack before Transfer Factor

Cardio, I am now just as likely to never have one. I believe our Transfer Factor Cardio product most likely saved my life! I am very grateful for the blessing of these products in my life and the lives of my down line.

Mary H.

I would like to share the exciting news that my mother, Mary Hull, 98 years old, is getting back her "smarts", ability to talk, aware of tasks to be done, and even wrote a letter on her own after 5-6 years of not writing.

The end of February, 2003, Mother was very sick with pneumonia. We were told that she could die at any time. She suffered a minor stroke in the fall. This partially paralyzed her throat muscles, which caused her to not feel food in her throat. As a result, she inhales particles of food into her lungs, causing pneumonia.

Antibiotics and creamed soups were prescribed. We added constant daily care. Mother responded to all three of these activities. As she became more able to swallow, I encouraged her to take her food supplements: Transfer Factor(3), Transfer Factor Plus(3), and added Transfer Factor Cardio(4-6) since she had the stroke, and Fibro AMJ Day Time because she has fallen often. I also returned to taking her to the chiropractor twice a week.

We are all seeing great strides in Mother's ability to communicate and to follow a conversation, as well. She actually has things to say and has busied herself with going outdoors to the mail box many times a day, continues to read her magazines, and wants to cook.

Mother did her dishes from several days, came to my house and asked when I wanted breakfast prepared (10 AM), walked to her Post Box over a dozen times, set the table for guests, and finally cooked dinner for the three of us, which we enjoyed. She even did the dinner dishes.

I checked Mother at 10 PM, to find her writing a letter to her Mother, who has been gone since 1967. She kept saying that Mother would want to hear how we are doing. It has been years since Mother has even tried to write to anyone without

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I checked Mother at 10 PM, to find her writing a letter to her Mother, who has been gone since 1967. She kept saying that Mother would want to hear how we are doing. It has been years since Mother has even tried to write to anyone without

constant encouragement. Mother used to fill her days with writing letters and enjoyed reading letters from her friends and family.

Mother is able to better follow the story line in a film or on TV. She doesn't turn off the TV on me as before when I wish to watch a program. Even though Mom doesn't talk a lot, and never did, now she comes up with some very wise statements at appropriate times. She even remembered that her niece from Indiana had come to visit and asked some 3 days later if Donna was going to come over again. The opposite has been true for years; she couldn't remember anything that had happened recently!

Thanks to the fine products, and particularly Transfer Factor Cardio, Mother has many more GOOD days ahead of her now!!

Ted B.

In January my doctor wanted me to go back to Mevacor because my cholesterol was 250 and my triglycerides were 450. I told him that I did not want to take them because they were messing up my legs. I told him that I was taking a new product called Transfer Factor Cardio and I gave him a CD. He said that if my numbers were not down by summer, he was going to insist that I go back on Mevacor. In August I had my fasting blood work done. My cholesterol was 177, my triglycerides were 250, my sugar was 6.5, and my blood pressure was perfect. Needless to say he didn't mention Mevacor. I am currently taking 4 Transfer Factor Cardio, 3 Transfer Factor, 2 Ritestart, and 3 Flex 4Life daily.

Cancer

Cancer, the very word conjures up dreadful images of great suffering. Cancer is the uncontrolled growth of any cell in the body. There are as many different types of cancer as there are different types of cells in the body. Huge amounts of research money have been spent looking for cures. Nevertheless the "War on Cancer," declared in the 1971 National Cancer Act,⁷ continues on with only moderate success in specific areas.

Cancer may result from a number of triggering events such as viral infection, radiation and environmental toxins. If the immune system is alert and diligent, it will recognize and eliminate these cancerous cells quickly. If the cancer cell is able to evade the immune system, it can grow into a tumor.⁸ The presence of cancer, therefore, is a failure of the immune system. Those most susceptible to cancer are the very young and the aged.⁹ In addition studies have linked increased stress to increased cancer rates.^{10,11}

Recently cancer treatment efforts have begun to focus on reconstituting a robust immune competence.¹² Many physicians have realized that the medical arts and sciences, as great as they are, are limited: "As a practicing physician for over forty years.... I hereby make an admission: physicians do not cure patients. This marvelous and complicated machine we call the human body has built into it its own wonderful healing mechanism. All a physician can do is to provide a good healing environment."¹³

Historically, transfer factor has shown the most benefit in virally induced cancers. In other cancers transfer factor's main function has been as a supportive therapy.¹⁴ In a recent study transfer factor was shown to have no direct-killing, drug-like effects on leukemia cells, but was found to greatly enhance the ability of natural killer (NK) cells to destroy these cancer cells.¹⁵ Transfer factors are immune informational molecules rather than direct-acting anti-cancer agents. In this context, saying that Transfer Factor cured my cancer is like saying that the instruction manual fixed my car. Only the best mechanics can get by without manuals. Like mechanics there are a few

immune systems that are strong enough to handle the job alone. Most of us, on the other hand, need all the help we can get. By strengthening the immune system, transfer factor based products have added a new and yet old dimension to the "War on Cancer."

Angelina H.

I love giving my testimonial in hopes that it will save someone else's life! At the age of 12 I lost my mother to cancer, and later I also lost my aunt to that same type of cancer. I knew that genetically I was definitely a time bomb. A few years back my worst fear came true, all of a sudden my stomach started to grow. I thought that maybe I was pregnant. I went to the doctors and was told that I was not pregnant, but instead I had a 9 - 10 inch ovarian tumor. My doctors rushed me into surgery. (I was haunted by the knowledge that my mother had received the best medical treatment available in that time period and had used a lot of different herbs. She still died.) Once the doctors had removed the tumor, they started me on chemotherapy. With everyone in my family tree dying of cancer, I was terrified that the same was going to happen to me. My dad was not ready to give up. He put me on 15 Transfer Factor Plus daily. I was able to handle the chemotherapy just fine. The doctors were amazed! They told me that my immune system had stayed strong throughout the whole process. I thank God for Transfer Factor. I thank my dad for telling me about Transfer Factor.

Beverly H.

Last summer my mom was diagnosed with lymph node cancer at 74 years old. The doctor had given her only a few months to live without chemotherapy treatments. We were pretty devastated with all of this being so sudden and quick. I have a cousin, Julian H., who belongs to your company. She sent my mom a product to try. My mom was very susceptible to cold sores before she had cancer. She has had mouth sores and everything that went along with chemotherapy. Transfer Factor seemed to keep them away. The doctor was surprised at

how well she maintained her energy level during chemotherapy. A few days after you have your treatment, you go through a low time. After her first treatment, we didn't notice very much difference at all. As of last week, we found out that mom has had a complete recovery from her cancer. The doctors couldn't understand it and say that she is a miracle person. I really feel like Transfer Factor has helped her so much. The doctors recommended that she keep using it. She is now not taking anything but her calcium tablets, her heart pills and Transfer Factor. We are very pleased with the product! Thank you so very much for having it on the market!

Frank C.

Anna started chemotherapy around December 1998. The cancer was in the abdominal cavity and spread to the pancreas and the liver. She had a small tumor on her small intestine. At the time she was taking chemotherapy and was nauseous with diarrhea. When I was told about her condition, I sent her Transfer Factor. Her brother convinced her to take nine capsules every day.

By Memorial Day 1999 the cancer in her liver didn't show up on testing. She said, "I didn't believe it myself, that's why I had it checked again and it didn't show." One and a half months ago she was all clear and the two oncologists got together and performed a test on her and said to her, "You don't have to see us for about three months for a blood check." They were surprised and amazed. Everybody that had listened to her story couldn't believe it, including me. She actually said to me, "You're selling this product and you didn't believe that it could do this?" I laughed, because it takes something real strong to make a believer of me and she did. That's why I'm really going full time with this company and this product, it's unbelievable!

Gaye L.

Our mother was diagnosed April 7, 1998, with throat cancer. This cancer was one of the most invasive that you can have. She didn't smoke, she didn't drink hot drinks or alcohol

except once in a great while. It was a really big shock for us to find out that the cancer was on her voice box, in her tongue, and also present as a tumor in her throat.

The first recommendation was that they thought they would go in and cut out her tongue. Then they would start an advanced kind of chemotherapy and then radiation. My mother is a very wise woman and she replied, "I'm not going to do that." "No, they can do the chemo and the radiation, but they are not going to cut out my tongue. We put her on a really strong system of supplements. While she had survived the chemo and the radiation as recent as six weeks ago, she could hardly make it to the bathroom. My sisters and I spent hours worrying about her. The radiation burned her tongue so badly that it would stick to the roof of her mouth and make a stopper-like effect that would suffocate her during the night. The fear to even fall asleep became absolutely unbearable for my mom and for us, too.

I came across Transfer Factor and the information about it. I was willing to try anything. I gave it to her. I'm not exaggerating, and I know this is going to be hard to believe, but I promise you it's true. Within four days she felt like she had the energy to go to a choir concert in Seattle. Then I watched her in a period as short as just two weeks; she began to be able to have more saliva in her throat. It was small at first, but it kept improving and pretty soon she could talk more. Within three weeks, she was up and was cooking recipes for us that we thought we'd never taste again. She was dressed, talking to her friends, and visiting. It's just been incredible! That was beyond words! I became this manic lady trying to tell everybody and anybody that I knew. I just felt compelled to call everybody. I had to tell them what this stuff could do and how quickly it could do it!

Howard T.

I have been dealing with cancer since 1998 when I had stomach surgery. I had to have 1/2 of my stomach removed. After that surgery, I had a week of chemotherapy and had to discontinue because it almost killed me. Since 2000 I have been

dealing with bladder cancer.

Since July 2002 I have been receiving M-Vac, which is a very brutal, debilitating form of chemotherapy. Through a friend I was told about Transfer Factor Plus, 9 Transfer Factor, 2 Transfer Factor Cardio and men's RiteStart every day. I also use the liver detox once each month.

I have had minimal side effects from chemotherapy. I have been able to eat regular meals and have continued to live a fairly normal life. My weight has remained stable. Transfer Factor, along with vitamins, has helped me to fight the toxins from chemotherapy and kept my immune system strong.

My oncologist is aware I am taking Transfer Factor and has encouraged me to do so. My most recent MRI (December 2002) has shown shrinkage. I really feel great considering all that my body is going through. I am so grateful for Transfer Factor and all the other wonderful products.

Irene S.

My dad has a tumor and has gone through chemotherapy. He listened to his doctor faithfully, and his daughter, me, was cringing and wishing that he would go another route. The tumor was shrinking a little bit, but the doctor kept saying more chemotherapy. My dad is 84, so it was really hard on him. He looked like a very sick man. His bowels were messed up; he had diarrhea one time and then was constipated another. His appetite wasn't there. This went on for a while and we thought that we were going to lose him. Then he decided that he was going to take responsibility for himself, he put his foot down, and he told the doctor no more chemotherapy. At that time he called me and said I should really be doing something for myself, so I told him again about Transfer Factor because he really wasn't listening before. In two months they took another cat scan and his tumor had shrunk 60%. We were praising the Lord! It was just astounding! His appetite is back, his color is back, and he looks like a healthy man! His colon has straightened out! We're just really thrilled.

He was taking nine a day. He was supposed to take twelve a day, but he decided to take nine.

Judy C.

This story is about Kathy. Kathy was 89 years old. In April it was discovered that Kathy had inoperable lung cancer. The doctors gave her 90 days to live. We gave her Transfer Factor and Choice 50. She took two capsules a day. The doctors are just marveling at her recovery. She's gaining weight. She's feeling better. They're asking her what she's doing and whatever it is she's doing, they want her to keep doing it. She hasn't told them about Transfer Factor yet because she says she's waiting for the tumor to be completely gone. Of course, we believe that's going to happen for her. For her to be only taking two Transfer Factor a day and Choice 50, to have these kinds of results and still be alive is a complete miracle! We're just thankful for Transfer Factor and God for that testimony.

Kathy Y.

I'm forty one years old. My problems began to manifest themselves about six years ago when I was taken to the emergency room with a burst ovarian cyst. From that point the ovary was never the same and I continue to have pain in the ovary. Dealing with that, two years ago I began to have heart and chest pain, which again took me to the emergency room. After numerous testing, and that included a stress test, they sent me home and told me I was healthy, still feeling the chest pain. They prescribed me one hundred milligrams of Atenenol, a beta-blocker, to quiet my heart. Even with the highest dosage, I still had some discomfort. In January 1998, I began to have menstrual bleeding that wouldn't stop. They tested for cancer and then took an ultrasound that showed a polyp inside of my uterus. I was pumped with synthetic progesterone until the surgery to stop the bleeding. Not only did they remove the polyp, they removed scar tissue that went from my ovary up to my colon. In October 1999 I began to have discomfort and heavier menstrual bleeding. The doctor

then diagnosed me with a fibroid tumor and the only thing that was done for that was visits to the doctor every six months to monitor the growth. In December 1999, I began to have abnormal discharge from my left breast along with more intense chest pain. I was taken to the emergency room again, where they told me I was healthy. I knew if I didn't get answers, I was going to have a nervous breakdown. I knew I wasn't healthy. At the end of January 2000, I went to see Rhea G., a nutritionalist. In February Rhea put me on Transfer Factor and other supportive supplements. I have never, ever had the health that I have in my life today. I am now pain free and drug free.

Kay L.

I will tell you about Lloyd. He has suffered with prostate cancer for the last twelve to fourteen years. He has had several radiation treatments, but they didn't get it all. Then he started taking some \$3,000 dollar shot, and they started bringing down the PSA a little bit, but then it went back up again. Then we were introduced to Transfer Factor Plus. We put him on Transfer Factor Plus and one week later, after being on it, we had a PSA done and in the first time in fourteen years it is normal. We are pretty excited about that!

Lindsay

I took Transfer Factor Plus during my chemotherapy for ovarian cancer. I was taking about six pills a day, and what a difference it made!! My blood work counts, which are checked weekly, were up and good, my energy level was exceptional, and I experienced little side effects of the chemo while taking Transfer Factor Plus. When I stopped taking it, and this is the proof, it does make a big difference... my red count, white count, platelets all were down; my energy level fell to the point where it was a chore to walk across the room. Amazing to think there was THAT much of a difference!! I did my own study, and decided, it was indeed Transfer Factor Plus that made the difference. I also experienced no sinus problems the whole spring and summer. That was a first, as I always have

severe sinus problems, especially in the spring. I am so happy to have talked with Chuck and Judy in order to discover this wonderful product!! My cancer count is all the way down to 17! I started out in April with a count well over 500. My doctor says I am almost done with chemotherapy now.

Lori L.

I'm just so excited, ecstatic really about Transfer Factor. I had a cancer tumor in my hand, and I took Transfer Factor. I've only been taking it maybe two weeks at the most, and this tumor is actually going away. It's like a pin head now, and it was quite large. It was about the size of a dime, and now it's the size of a pin head, a large pin head, but still it's diminishing. I attribute this to Transfer Factor. I have taken many homeopathics and other preventative medicines before, but never have had these results! I was coming down with sniffles just a few days ago and I took three Transfer Factor. I could feel the Transfer Factor kicking in almost immediately. "Look ma, no more sniffles." It was great! I really am so excited about Transfer Factor. I really think that this is the most significant product on the face of the earth today!

Monte R.

You can't see the smile on my face, but it's a great pleasure for me to have an opportunity to explain my situation. I am a 73-year-old Caucasian male who, until July of 1997, was enjoying above average health free of disability. During my annual physical I was diagnosed with chronic lymphocytic leukemia. It's considered a slow progressive disease that neither it's cause nor an effective treatment at the present had been discernable....until Transfer Factor. Now every 90 days my blood test gradually increased until July 1998. It was 29,000 per milliliter, and when I was diagnosed it was 17,000 milliliter. When it reaches 40,000, chemotherapy is usually prescribed. This was when my new and beloved friend, Patty B., called me and proposed Transfer Factor. As they say, the rest is history. I am just overwhelmed! I had the most phenomenal rush when that figure was presented to me by the

nurse because I had seen nothing but a progressive increase from 17,000, up each 90 days to 19,000, then 22,000, then 25,000 and then 29,000; and at 40,000, that's the danger zone. I started Transfer Factor August 15 of this year, and October 27 my count went down to 23,500, or 6,100 less. And it was just a phenomenal feeling. I am so grateful to Patty and Transfer Factor!

Murray D.

First let me give you a little background: I used to do a lot of running. I always tried to maintain the best health, had a good vegetarian diet, and bragged that I would never get cancer because I'd done everything right. Then about three years ago, June 12, 1997, I was diagnosed with multiple myeloma, which is a cancer of the bone marrow. I was told at that time that I probably wouldn't have over two years to live. We desperately tried to research every alternative thing we could do and found a lot of things out there. I guess I tried just about all of them. All the different supplements, MGM3, Aloe T-up, 714X, even went and had some live skin cell from aborted fetuses, went down to NASA on the Bahamas and done that. I spent many thousands of dollars trying all this stuff and never really got any great results from any of them. In August of 1998 I hit a very low point in my life. I figured I had about two weeks left to live and heard about a clinic down in Freeport, Bahamas, that had great success with cancer. I went down there, started their program, had a little bit of chemo just before I left. Their program pulled me out of it and I got back on my feet again. It wasn't the silver bullet, but it did help. I got along pretty good until December of 1999, when the doctors found some new tumors in my back, and I wound up taking some more chemo for about four months. Finished that in March of 2000 and, at that time, my immune system was pretty badly run down, but it did get rid of the tumor. So I thought I was mending again pretty well, and then here about two months ago heard about Transfer Factor Plus and talked to Dr. T. He told me all about it and sent me some of the product. I got on it. I go to my oncologist every thirty days, have a

check-up, and a complete blood work-up. A month before my hemoglobin was down about 12, white blood cells were low, red blood cells low, and all the other stuff they do, you know, there are eight or ten other things they have on the sheet there that I don't even know what they're talking about, but my immune system was pretty well run down. After thirty days on this Transfer Factor, I went back and had another blood work-up. It was just amazing! The hemoglobin was up over 14, white blood cells were peaked up, red blood cells were too, just about everything on there was way up. I hadn't ran, hadn't been able to run in over three years since I was diagnosed, and at about five weeks into Transfer Factor, I just felt so strong that I started running again. I would go about three miles in the morning and then maybe another three miles in the evening. We have some pretty tall mountains here in Montana that go up about 8-9 thousand feet. I climb those almost every evening when I'm in town. My energy has drastically improved. It's the only product that I have ever taken that I can say, "Yes, it helped." I had the energy; I had the blood work-up to show that it was a great improvement. Transfer Factor Plus has done the job as far as I'm concerned. I'm just really excited about it and I'm telling everybody! I've got acquainted with a lot of other cancer patients and I'm telling them all about it!

Nena K.

I was diagnosed with breast cancer in June of this year. The lump on my right breast was the size of a chicken eye. A close friend of mine brought me to a doctor who introduced me to Transfer Factor Plus right away. At that time I was taking three different medications for my diabetes, high blood pressure, and cholesterol.

In July a biopsy was taken after two weeks of taking Transfer Factor Plus. My vitals were all normal. I was scheduled for mastectomy on August 5. My immune system was so prepared that in less than 24 hours after surgery I was able to go home. My family and doctors could not believe that a woman my age could recover so quickly. I take three Transfer

Factor Plus a day along with the Tea 4Life. Thanks to these wonderful products, I have been able to have my life back.

Philip L.

Back in May I was in the hospital, I was having some surgery for a bowel duct obstruction and while they were in there, they happened to go around my stomach and noticed my pancreas had a growth on it. They did two biopsies and both of those came back positive for pancreatic cancer. For those who aren't really familiar with pancreatic cancer, if you go to Discovery Health.com on the Internet, out of 27,000 people that had it last year, 26,000 died. So you know 26 out of 27 isn't really great odds. The doctor came in and he told me that he was going to right me off so I could start on Social Security. I didn't have to work any more. He told me to get my house in order. He was telling me basically to get ready to die. He said that he could give me chemotherapy, but it wouldn't cure it. It would only make me live longer. He said without chemotherapy, you have about three months. With chemotherapy, you've got eight to nine months to live, something like that. Well, if doctors can't help me, I've got to find some way to help myself. My wife and I did a lot of praying and we went to church. Everybody did a lot of praying and we were led to Transfer Factor. About mid June, I started taking my chemotherapy and mid July I still was on chemotherapy. I was given a bottle of Transfer Factor, the regular, not the plus. I started on that and about a week later, I was given the Transfer Factor Plus. While taking two pills per day, I guess that is the minimum dosage, I went in for August for my next chemotherapy. My doctor said well looking at your blood tests, it came back so good, I think we're going to leave you off chemotherapy for a month. Come back in a month and see how it looks. So I went back in September and he said, "Phil, I got to tell you, as good as your tests were last month, this month it is even better." His exact words were "whatever you're doing, keep doing it." So my house is great! I went back yesterday and I was asking him about my cancer. He said, "Well, Phil, it looks like you're half way to remission."

The doctor had told me to go home and get ready to die.....now I'm half way through remission! This is just fantastic!

Ray L.

In February of this year I was diagnosed with prostate cancer having a PSA of 246 (0-4 is normal). My doctor, also a surgeon, was unable to do surgery since the tumor was too large, totally consuming the prostate and growing into the bladder. I immediately began a health regime which included Transfer Factor and Transfer Factor Plus. Just five months later my PSA came back at 4.3. Now after seven months, it is at 3.2. I am looking forward to my complete recovery as the tumor continues to diminish. I am thankful for the fantastic products and will continue to use them for the rest of my life.

Richard Z.

Throughout the years 2000-2001 I went to many doctors for extreme fatigue and lack of breath, I could not even make it down a flight of stairs without having to take a long break, 10 steps anywhere would cause me to have to sit. They were not sure what was going on with me. They ran a lot of heart-related tests. In August 2001 I was diagnosed with colon cancer. I was losing a lot of blood due to the tumor the size of a kiwi fruit.

The doctors warned me of the side effects I would suffer once I started my chemotherapy... sores in the mouth, diarrhea, hair loss and nausea.

I learned about Transfer Factor shortly after surgery and before my chemotherapy started. I immediately started taking Transfer Factor Plus. My chemotherapy prescription was for six months to begin September 2001.

I had one small bout of diarrhea after the first round, I NEVER had a mouth sore, I NEVER lost my hair, and I NEVER got sick! The doctors and nursing staff were amazed at my blood work throughout my chemotherapy, often saying that my blood workups looked better than most people without cancer. 14 months after surgery removed 18 inches of my

colon, I still take Transfer Factor Plus and have never felt better and healthier in my life! The doctors are pleased to report that there is no sign of cancer!

Santana

(As related by her mother, Brenda P.)

Two years ago my 12-year-old daughter was diagnosed with acute lymphoblastic leukemia (ALL). She started a course of intensive chemotherapy, but nine months into her treatment she relapsed with central nervous system involvement. It was decided that she needed a bone marrow transplant. She underwent chemotherapy... cranial irradiation and total body irradiation that wiped out her own bone marrow to prepare her for her donor. That was me.

Two weeks prior to her transplant she relapsed again, so the outcome of her transplant wasn't looking great. At that point I decided that if she relapsed again, I would put her on Transfer Factor. The transplant went well, but after seven weeks she developed symptoms in her brain. After three MRI scans showing lesions on her brain, it was confirmed she had another relapse. At that point the doctors told us she had only weeks to live, so we took her home to die.

I started her on Transfer Factor at 20 capsules a day straight away and within a few weeks I noticed an improvement in her energy levels. Six weeks later she seemed to be getting better and her blood counts were all within normal range. This went on for quite some time and the fact that she needed no blood or platelet transfusions was telling me that this was working for her. Then in January of this year we were told that her cell count was down from 112 to 9 and a month later it came down to 7! Last week we were told her cell count is now on 1, which is remission, and also the best she has ever been. This is pretty amazing considering she had no chemotherapy in those seven months.

She is currently taking 12 Transfer Factor a day as well as good nutrition. She quite literally has her life back. We are so grateful to the people involved in producing this amazing product. They have given us back our Santana!

Shaylee W.

My name is Shaylee. I am nineteen years old and last June I was diagnosed as having Ewing's Sarcoma, a rare form of bone cancer. I immediately started chemotherapy.

I met a woman that recommended I try Transfer Factor Plus. I took four Transfer Factor Plus twice daily and there was an immediate improvement in my general well being. But more importantly, the amount of nausea tablets I was taking decreased to ZERO!! This was also the case with my pain medication.

I was taking morphine for chronic pain, but when I increased the Transfer Factor Plus I felt no pain whatsoever! My doctors were astounded and I could not believe it! From taking 26 tablets a day, which the oncologist prescribed, I took a few Transfer Factor Plus and was completely free of nausea and pain.

I now have a clearance of cancer, all of which I attribute to the miracle of Transfer Factor Plus. I now take 1 Transfer Factor Plus a day for maintenance

Sylvia G.

My mom has been fighting cancer for thirty-eight years. Three years ago she had a stroke. She hasn't been doing all the natural things that she did when she had the ability to think about what she needed to do. She couldn't even think about whether she needed to take a shower, a bath or anything. She wasn't cleaning herself. She lives very far from me, so there is no way I can help take care of her, but my brother does. As time went on and she hadn't been taking care of herself, her fingernails and toenails started falling off. Her hair was all falling out. My brother finally got somebody to come in and take care of her. That person stole everything of value she owned, her jewels and other items. That didn't work either. She got so bad that she had a horrible smell. She had a cancer growth on the right side after she had her mastectomy, now thirty-eight years ago. It is growing on the side. She got so weak that she couldn't even stand up. If a little piece of this cancer should come off, she could almost bleed to death. We

almost lost her one time because she lost so much blood. It has been a real struggle for thirty-eight years. She got so bad that she couldn't even get up and go to the bathroom. My brother would go to the house and find her on the floor. He took her to the doctor. He said that the cancer had spread into her lungs and was spreading over to the other breast. It was just a matter of time. The doctor said my brother needed to take her home. He would send a nurse from hospice. He said we could put her on a morphine drip if necessary. My brother responded, "Well, I'd like to put her in the hospital." The doctor said, "You don't understand. We don't do anything for anybody that's this far gone. Just take your mother home. I'll send a nurse and we'll try to make her as comfortable as we can." Well, my brother called me in the middle of the night and was crying. I told him that I just came across some wonderful stuff and not to worry because I would send it. I had heard of mega-doses. I decided I would have her take sixteen Transfer Factor and nine Transfer Factor Plus daily for ten days. My brother started her on that routine. The very next day she had more of an appetite and seemed to be a little stronger. By the ninth day when he went to the house, she was sitting on the side of the bed and her hair was wet! She had taken a shower and washed her hair! She hadn't done that in three years! Then the nurse was sitting there taking all of her vital signs and said, "Well, I can't find anything wrong with your mother." The nurse then looked at my mom's cancer with my brother there. He said, "Oh, it looks different." When he said that, my mom looked down at it and all of a sudden she reached up, grabbed a hold of it, and yanked it off. They gasped! My brother said he just about swallowed his tonsils! He grabbed some Kleenexes because he figured, "She's going to bleed to death!" They looked, and it was all brand new, pink, beautiful skin underneath there. The sore had not healed over in thirty-eight years! She's had this bleeding, gaping sore all these years. Now it was totally gone!

Thank you for Transfer Factor and Transfer Factor Plus!

William J.

I started chemotherapy with F-5 (Floracill-5) and Liuecovern on Oct 2, 2001 taken once weekly with a duration of what was to be an estimated four month therapy. I excelled through chemotherapy and finished two weeks early with what I sincerely believe to be the help of Transfer Factor Plus, taken first at one three times daily for one week, then two three times daily until the third month. The remission seemed to be going so well that I then boosted the dose to five three times daily with green tea (a known cancer fighter) and declared all out war on the tumor in my liver. The tumor is now completely gone with only lingering effects of chemotherapy (tiredness, and constant hunger from anemia).

It is my opinion that Transfer Factor greatly excelled the care, treatment and control of hepatic cancer in this particular case. I BELIEVE IN THIS PRODUCT AND HAVE BET MY LIFE ON IT AND WON!!! I will continue to take Transfer Factor as a preventive measure and maintain a dose of 1 two times daily. Also I would like to add the condition of the liver from the first C-Scan to the last showed a dramatic difference. The area of the liver affected the first time seemed to be completely repaired and grown over as well as the texture seemed to be younger. Yes, younger! I know that it is hard to believe and I was astonished to see it with my own eyes, but the films don't lie. The proof was there and I will gladly supply it any time! Thank you for considering my testimony and good luck with your endeavors with Transfer Factor!

Willis L.

I tried Transfer Factor because of terminal metastatic prostate cancer, mini-strokes, fatigue, ankle problems from strokes, and hip pain, plus most of all I was too tired to get out of bed on most days.

My main problems started in 1997 after I suffered a mini stroke that affected the right half of my body. For many years I have taken vitamins and supplements for my health. Prior to taking Transfer Factor, I was taking grape seed extract, blood pressure medicine, saw palmetto and Proscar for prostate

cancer, and various antioxidants. Some of my cancer treatment was radiation and hormone treatment. The treatment dropped my PSA from 76 to 0.1, but in 2001 my PSA started to rise again. When the PSA starts to rise for the second time, it is much more aggressive. By Aug. of 2001 my PSA was .3 and by Feb. 2002 only 1.8. In April 2002 it was down to 1.7, but an accident that totaled my car sent my PSA up to 2.7 where it is in Feb. 2003.

Why am I happy about Transfer Factor? I used a cane to get around and, if I got up out of my bed, that was a good day. Oct. 2001 a friend, who thought Transfer Factor could help me, sold me a bottle. That day I took five Transfer Factor Plus and the next morning I knew something positive was happening. Everyday since then I have felt better than the day before. I no longer use a cane to get around. The daily numbness and mini strokes stopped. I do things around the house now without falling. (Summer of 2001 I broke my toes twice from a fall and I fractured my arm from a fall too.) No longer do I take blood pressure medication and my blood pressure is the same as when I was on medication.

My bone metastasis makes standing in one place for a long time painful, but nothing like it was before Transfer Factor Plus. I understand my cancer and know my fate. Transfer Factor Plus is making my life very enjoyable.

Mental Acuity

Higher mental function is largely what distinguishes man from the beasts. Self-awareness, self-control, memory and reasoning are all higher mental functions. Mental maturation is measured by the increase in these functions. Mental degradation is measured by their loss. Physically, thought is the result of coordinated brain activity. Mental developmental concerns span the gamut from attention deficit to autism. Degradation of mental function are may take the form of vascular dementia (due to strokes) or Alzheimer's disease, among others. It is important to note that Alzheimer's Disease is not a normal part of aging.¹⁶

Recent studies have shown that dropping antioxidant levels are highly correlated with loss of brain function.^{17 18 19} In addition large quantities of antioxidant enzymes are present in Alzheimer's disease, but the enzymes are largely inactive.²⁰ The loss of antioxidant protection results in increased lipid peroxidation²¹ as well as protein (beta-amyloid) oxidation. Inadequate antioxidant protection leads to decreased brain metabolism which in turn leads to defective mentation.²²

It is well accepted that brain inflammation contributes to neurological damage²³ and that inflammation may be critical in initiating Alzheimer's disease.²⁴ The debate about infections and mental dysfunction is still raging. Nevertheless the body of evidence is increasingly pointing toward infection as a key initiating factor in neurodegenerative diseases.^{25 26} All of these factors contribute to the interruption of chemicals which are carrying complex messages between nerve cells in the brain.²⁷

The ingestion of transfer factor has been shown to produce significant cell protective affects.²⁸ These included increased antioxidant levels, decreased lipid and protein oxidation, and increased cell stability. Each of these benefits is critical to maintaining and improving mental function. Transfer factor expresses its benefits through immune system support. An improved immune function results in more rapid resolution of infections and diminished inflammation. This reduces

oxidative stress in the body which reduces lipid and protein damage with the overall result of increased cell integrity. Maintaining the integrity of the brain, and the other parts of the central nervous system, results in improved mental efficiency.

Charles D.

My wife is 79 years old and was diagnosed with Alzheimer's disease several years ago. She got so bad that she couldn't even remember her own name. My son ordered certain nutrients from all over the world. As long as she was on these nutrients, she could recognize people and interact fairly successfully. The problem was that when these ingredients are purchased individually they cost my son more than \$500 per month. When Transfer Factor Recall came out, he switched her to it. This product is amazing! If she doesn't have it just for a few days, she is lost. I realize it is not a cure, but it is nice to have my wife somewhat alert as long as possible."

Chase

Our oldest son Chase was beginning to exhibit a couple of the classic ADD symptoms. Prior to his starting on TF Recall, almost every one of his teachers commented that he seemed "easily distracted" and had "trouble focusing." We just got through finals and had parent-teacher conferences last week. Not one teacher commented on his distractibility or his difficulty focusing. He has improved almost a full letter grade in each of his core academic classes at a very academically rigorous school. He is currently taking 3 TF Recall per day.

Daniel

My name is S.D. and I live in Alaska. I have a thirteen-year-old son, Daniel. My son had lived with his father for seven years and I recently gained custody of him. When Daniel arrived, he was on Ritalin twice a day. He had severe constipation and had been on HALEYS M.O. for seven years. The Ritalin made him sick, drool, and shake. The HALEY'S MO

made him sick from the taste, not to mention possible over dosage of aluminum.

Daniel was diagnosed with ADD/ADHD when he was five. His diet consisted mainly of fast food from Pizza Hut, Burger King, and McDonald's. The first thing I did was locate the best pediatrician in town and make an appointment. At that time I voiced my concerns over his medication and the side effects, and wondered if there was another way we might handle it. The doctor recommended a long-term dosage of Concerta (a time-released amphetamine). He had bad side effects from that medication-migraines, vomiting and shaking. I went back to the Dr. and requested smaller doses of Concerta. After many arguments, we switched him to the smallest dose possible. After several times of discussing Daniel's bowel problems with the Dr., he prescribed a laxative called Miralax (Polyethylene Glycol 3350), 17 grams with a glass of water. He was diagnosed with encopresis (involuntary defecation of psychotic origin.)

I enrolled him in family therapy with a great therapist, enrolled him in Kung fu, started him on a vitamin and mineral supplement, and gave it to him for about a year with no results. At this time I became involved with Transfer Factor and the 4Life Research family of products for my own use. I decided to try the enzymes and probiotics for his constipation. They worked within a day! My son was so excited that he had gone to the bathroom without having to take some awful liquid, and for the first time he could remember going to the bathroom without severe pain and straining.

When Daniel first arrived, he had a thorough neuropsychological evaluation. I was told that he not only had ADD/ADHD, but also Asperger's Syndrome (a mild form of autism) and PTS (Post Traumatic Syndrome). The following is from his evaluation and I quote verbatim: "He also tends to escalate both verbally and physically, indicating ongoing 'willful disobedience' and forced vomiting in a school setting. Symptom-based pharmacotherapy is likely to be helpful in maximizing Daniel's adaptive skills. Psychostimulant

medications are likely to assist him in maintaining concentration in the academic setting. His pattern of extreme rage reactions and general reactivity suggest he may also benefit from mood stabilizing medications."

After my son had lived with me one year, and after trying all the newest medications, Daniel asked if he could come off the medication. We talked about it and I told him I was going to put him on Transfer Factor and vitamins, but he had to keep taking the enzymes and probiotics. His Doctor and teachers did not think that it would work so we made a deal: if he did not improve in two or three months or if his grades slipped, he would then go back on the traditional medicines. I put my Daniel on the Transfer Factor Kids, the Transfer Factor Chewables, and when Transfer Factor Recall came out, I put him on that, also. The really great part is that before Transfer Factor Recall it could take him a day to complete a page of math. He now is completing comparable quantities in fifteen to twenty minutes. He is doing so well that some of his teachers have started inquiring about the Transfer Factor family of products. I have sold some to the teachers at his school. I asked my son if he thought that the TF Recall was making a difference and he gave me a resounding, "Yes!" Daniel was in special education for a year and a half and rode the Special Ed bus. This year he is mainstreamed into the regular curriculum and is maintaining an A-B average. He has not been suspended since starting school this year. Last year he was suspended every other week. Daniel is now remembering names much better than before starting the TF Recall. I saw improvement in three weeks, he is still improving. It has been a gradual but steady improvement. With the Recall we started on one a day for one week, two a day for two weeks and we are staying at the three a day. Transfer Factor has given Daniel and me a wonderful, new life.

Devon C.

(as told by his parents Dr. and Mrs. C.)

Devon was born in July 1995. Devon was diagnosed with a myriad of behavioral disorders including Attention Deficit Hyperactivity Disorder (ADHD), Obsessive Compulsive Disorder and Oppositional Defiant Disorder (ODD). He was given Strattera, Celexa, Tenex, and Clonidine in an attempt to treat various aspects of his behavioral problems. During November and December of 2002, he received the flu shot because he was always sick and it was thought that the vaccine would be protective. By February Devon's behavior was completely out of control and his parents were at their wits end. What was wrong? An internet search revealed that the symptoms matched 'heavy metal toxicity' (see www.nomercury.org). Thimerisol, a mercury compound, is often used as a preservative in many vaccines. By 8/03 Devon was evaluated by a neuropsychologist and after much testing was diagnosed with Asperger's Syndrome, a mild form of autism. In addition he suffered from eczema, asthma, which was treated with steroid inhalers, and frequent ear, nose, and throat infections resulting in missed school days.

In November Devon began using Transfer Factor (3 capsules twice a day) and Transfer Factor Recall (1 capsule three times a day). Devon improved gradually over the next three weeks. Devon's symptoms then returned with even greater severity which is typical of a yeast die-off reaction associated with recovery of immune competence (www.danasview.net/yeast.htm). The yeast die-off reaction lasted 24 hours after which Devon recovered all of his previous progress and continued to improve gradually. Devon's asthma was limited to one attack that required steroids for one week instead of the usual three weeks. His eczema cleared and he had only one minor bout with fever lasting 24 hours. Devon was able to enjoy a 600 mile RV trip to his grandparents for Christmas without difficulty. This would have been out of the question a month before. By January he was completely off his medications and by March he grown one inch and had gained SEVEN pounds.

Unfortunately Devon ran out of Transfer Factor. Within weeks his symptoms were back, precipitated by yeast over growth. He was put back on his original medications. This unfortunate experiment left no doubt in the minds of Devon's parents that the strengthening of Devon's immune system through use of the Transfer Factor products was responsible for Devon's improvements. At the time of this writing, Devon was back on Transfer Factor (3capsules twice a day) and will soon restart taking Transfer Factor Recall.

Name Withheld

(Female, 25 years old)

I have always had a problem with focus and memory. I have taken many nutritional supplements and they have helped some. However, my recent introduction to the 4-Life products has improved my memory, helped my body be calmer, and helped my ADD tendencies. I am now even more creative and have more good energy. I take TF Recall (3), PBGS+ (4) and RiteStart (1).

James M.

Our nine-year-old son was a very slow learner and has always had problems with hyperactivity and mood swings. We started out giving him 1/2 oz RiteLife, 3 Transfer Factor Kids, 4 Inner Sun, 2 PBGS+, and 1 BioEFA. He has been taking these products for two years and was doing much better in school-going from a "D" average to a "B" average. He has definitely become more self assured, has had more friends and enjoys school.

At the beginning of school in September 2003, we added 2 Transfer Factor Recall to his supplements. His grades went up to a "B+" average within a month. He is remembering much better and looks forward to school. We have found that this combination of product really works for our son.

Larry Z.

Recently our six-year-old started first grade. He has always been a very shy child and had a lot of trouble remembering where he left his shoes, toys and was always misplacing his coat. After starting school he never remembered to bring his books home or his homework back. Our friends encouraged us to try 3 Transfer Factor Kids and 3 Transfer Factor Recall daily. After only two weeks, we noticed how his memory was improved. He was actually keeping up with his clothes and books. His reading and spelling improved in a big way. He now likes to read books to the family and perform his weekly spelling words. I had some of these same problems when I was a child and am so glad that we have found products that are safe, natural, and are working for him. We have also noticed that he no longer gets colds or earaches.

Loretta Z.

I am a 57 year old who has always had an ADD problem. I have had a hard time focusing on projects and finishing them. It was very depressing having to work so hard to finish things. I also noticed that in driving my car, I was becoming increasingly distracted. I had even noticed a loss in my hearing and vision.

Last fall I started taking 4Life products to upgrade my nutrition. When I started taking them, I had no idea that they would change my life. I started taking RiteStart Women 2 packets a day and 3 Transfer Factor Recall a day. It made a huge difference in only five days. My memory and focus got better, my vision and hearing are improving, and, best of all, I am no longer depressed. I will always take these products. I am a new person, for the first time in my life I feel normal.

Mary

(as related by her mother)

In February 2003 my daughter Mary, who is in the 1st grade, displayed hyperactivity, out-of-control behavior, and poor grades for a little girl with a great amount of intelligence. She was a creative and social student who just could not stay

focused. A nutritional consultant and former teacher suggested we start her on Transfer Factor Kids (3), RiteLife (1 1/2 oz.), PBGS+ (2) and BioEEA (1) per day.

She started to improve almost immediately in her attitude and hyperactivity, but she still had problems in focusing on her homework. Recently we added Transfer Factor Recall (2) and her grades went from low B's to high A's. She is also less stressed. We are thrilled with the results.

Mary E.

I was diagnosed as being ADD in September, 1999, by a psychiatrist who is internationally respected in this area. I'd gone to her after being told by another professional that he thought I was ADD. When at her request I read literature describing ADD, I realized with that I was a classic case. I further realized when analyzing my family (part of my assignment) that my father, one brother, two of my nephews also fit the description. (ADD is thought to have a strong genetic component.) She prescribed the drug Adderal (Ampheta S/Combo), and I decided to try it, as the problems associated with my ADD had been serious and life-long. I took a low dose (2.5 mg.) once or twice a day, had no negative reactions, and was elated at its effect, which was to help me to stay focused. I felt I was able to accomplish twice as much in a quarter of the time without constant struggle. That greatly decreased the stress in my life.

I was typical of an ADD victim - my whole life I had been distracted by everything within visual, audible, and mental range. Once off-track, whatever I'd deviated from was "out the window". It took concentrated effort to get connected back. This included conversations, household tasks, lists of errands - etc. I compensated with lists, notes and alarm clocks, going back and forth a lot. I apologized a lot. In order to study, I had to clear away any disorder, and complete any task that might be nagging at me. I was right at home in the outdoors, where such hypersensitivity is an asset. Cities, crowds, and a lot of noise were difficult.

My memory was not good. That causes a lot of trouble, big (anniversaries, appointments) and small. My reading vocabulary was only partially available to me when speaking. I'm an artist, but put my art away when I began a family, as I knew it would cause a serious conflict. I saved great books for holidays - no such thing for me as reading for fifteen minutes at bed-time. All this can be extremely stressful, both to the individual trying to function in spite of it and to those around them.

In September 2003 I decided to try Transfer Factor Recall. I took two capsules/day. I continued taking my normal dose of Adderal. I felt no effects from the product until Wednesday of the following week (10 days later). Twice that day I remembered facts from the previous day that I ordinarily never would - the first, some directions someone had given me, the next, a conversation with someone. I was sort of taken aback - it was very atypical for me. I wondered if it could have anything to do with the product, but felt guarded about jumping to conclusions. Much to my delight, that sort of memory began to improve rapidly. My ability to communicate, in ways I had never experienced, began to develop. That change was rapid, once it began. I felt as if doors and corridors in my mind, whose existence I hadn't realized, were being opened. I found myself staying on track - with tasks and in conversation - in ways the Adderal never touched. I was increasingly able to communicate with an easy flow of thought, building concepts, responding in an easier give and take of ideas. Whether speaking or listening, if I did begin to digress, I could recognize it right away, and easily get back on track. The vocabulary I'd thought of as my "reading" vocabulary became more and more available as I spoke. It was amazing. I kept - and still do - wondering where 'that' word had been hiding for so long - when I'd tucked it away.

After about three weeks of beginning Transfer Factor Recall, I stopped taking Adderal - completely overnight. I wanted to see what difference it made - whether I regressed. The regression never happened! I was relieved to be able to

stop taking the drug. I doubled my dosage of the Recall to 4/day. I would say that discernible improvements in my thinking and speaking capacities continued to improve for about six weeks after initially taking the product, and then leveled out. I basically feel that my mind has been freed - not totally, as in total recall and perfection of thinking and communication, but amazingly. My memory, while greatly improved in areas such as remembering commitments or appointments, could still be better. My ability to remember names has improved, but still lacks a lot. I never have - and still do not - multi-task well. I'm 57 years old. How much more improvement can I expect? I'm willing to find out - have just recently increased my dosage to 6/day.

Dr. D's Horses

(Dr. D. is a seasoned veterinarian with a passion for training horses. The following accounts have been included because horses cannot get better just because they want to (placebo effect) in the way that humans can. We hope that you enjoy these stories of horse sense.)

1. Ketair

We had had some very interesting results with the Transfer Factor Recall and our horses. I know that horses may not be the species that the doctor's were looking to help when creating this product, but it has worked wonders. I first thought that my husband was nuts when he suggested that I try using Transfer Factor Recall on our horses. One of my best and most beloved horses is a six year old that I had risen from a baby. He had become spooky, for no reason whatsoever. In fact he had been dangerous at times. It's as if he was seeing things that were not really there, even though he has had more training than any of my other horses. I was getting so frustrated I was really thinking of not training him any further

for my own safety. I decided to try 15 Transfer Factor Recall daily, for three days. I couldn't believe the difference in my horse. He has acted normally ever since.

2. Hattie

Bitchy Hattie, as her owner called her, was a 4-year-old Anglo-Arab mare with an attitude problem. She was full of herself to the point of haughty arrogance. Hattie ignored the food rewards for the most part and had her mind on other things from the beginning. She had never been abused or had any bad training, mostly just very little training. She was a very courageous mare. Not much scared her. What she liked to do best was ignore me, and take off around the training pen at "100 miles per hour." Her first lesson was to stop, calm down, and pay attention. For the first two weeks the mare was a royal pain. I simply was not getting her attention and keeping it. I gave her the same dosage of Transfer Factor Recall that I gave Ketair, 15 capsules per day for three days. Then I was gone working out of the area for a few days. Ray did not do anything but feed her while I was gone.

After I returned home, I came out to the training pen to work with Hattie. She surprised me right away by turning her head and asking for a treat. She had NEVER done this before. She paid attention to me during the entire lesson. She watched me the entire time, tried to do everything that I wanted her to do and was calmer then I had ever seen her. Subsequent days in the training pen have been similar. I have no doubt in my mind that the Transfer Factor Recall has had an effect.

3. Bully Boy

One of the other horses we tried Transfer Factor Recall on had been normal in every way, except he had always been a bully. We never imagined that it was an anger management problem. However since his one-day dose of 15 capsules, he has been peaceful in the herd. I was wondering if there is something in the targeted Transfer Factor Recall that is causing the animals to get rid of some organism that is lodged in their brains. Whatever it is, I'm thrilled to have found this product!

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